At a special meeting of the Little River Band of Ottawa Indians Tribal Council on Wednesday, May 15th, newly elected representatives for Tribal Council, Tribal Judiciary and the Election Board were administered their oath of offices. Administering the oaths was LRBOI Tribal Chief Judge Dan Bailey. Also at the meeting, outgoing representatives were presented with gifts and the thanks of the tribe for their past service.

For submission policies regarding editorial or communications processes for the Currents or the Rapid River News, please go to www.lrboi.com under the tabs for both publications. You will see the full policies written there. These include the editorial and communication protocols for the Office of Public Affairs in effect at this time. To comment upon these policies, please use currentscomments@lrboi.com and send in your thoughts for consideration by the staff. Emergency Management protocols will be available upon request and per authorization by the Office of the Ogema as they constitute secure information designed to protect the lives and investments of the Little River Band of Ottawa Indians, their members, employees and property. These notices are required under Resolution #13-0411-069.
There is a concerted effort taking place that crosses tribal departmental boundaries; seeking grants to assist with offsetting Tribal generated resources currently used to support government operations. Tribal directors, the Tribal Manager and our grant writer, Chuck Fisher met to look at the challenges and possibilities facing the Tribe due to a slowing Michigan economy and federal budget sequestration. The focus of the meeting was to explore the potential of bringing additional non-gaming resources into the Tribe to support government programs and services offered for member benefit.

Over the first quarter of this year, the Little River Casino Resort has experienced the effects the economic downturn in Michigan, directly affecting the available revenue to support government operations. Additionally, the federal government implemented across the board cuts to federal program dollars the Tribe accesses to assist with programs and services offered to Tribal members. With both of these events, the Tribe has realized reduced available funding for programs and services, primarily impacting the costs of doing the business of the Tribe. These costs primarily impact the administrative costs associated with providing service delivery; not necessarily the benefits that are delivered.

Overall, it is a good idea for Tribes to seek grant resources from federal agencies to offset the costs of operations and allow for the dollars the Tribe generates to be utilized for other types of programs and services the federal government may not fund. Presently, the Tribe funds its governmental operations and some services through a combination of tribally generated revenue (casino dollars) and federal resources (self-governance agreements, grants and cooperative agreements). Typically, the costs of doing business (personnel, overhead, supplies) are taken out of direct benefit dollars as there is a cost to doing business, even benefit administration, of both Tribal and federal benefits. If grant resources can be attained to support those costs, it reduces the need to take those funds out of dollars that may be directed to benefits or spent elsewhere.

**Limited Funding**

Chuck Fisher summed it up this way to the staff at a meeting to address the overall effort that was held on 4/25/13; “There are 7 funding opportunities open and being considered at this time – it is not entirely clear that we are going to address every open opportunity – it is clear that we are going to give each due consideration. Basic grant information is provided regarding each Request for Proposal (RFP). While there are a number of funding opportunities open at this time, it should also be mentioned that about half of them are related to the Health and Human Services (HHS), Aid to Children and Families (ACF), Administration for Native Americans (ANA).” Fisher also advised those in attendance that, “ANA’s overall funding for FY2013 has been cut nearly 50%, as have many agencies. Thus, while it may appear things are somewhat ‘normal’ at the national level in terms of funding, there are still significant problems related to sequestration and our collective economic future.”

Fisher concluded with this comment, “As matters stand, a federal budget impasse remains in spite of numerous efforts to reconcile differences. Given these current federal limitations and the difficulties and uncertainties the Tribe is currently facing, it is expected that tribal grant seeking efforts will be intensified in an effort to help improve the tribe’s near-term and long-term financial outlook. It is at least partially due to these circumstances that we are trying to proceed as we are.”

The Tribal Manager advised staff that suggestions and the formation of working groups to address the grant proposals were needed, “As Directors, any one of you should be able to assist in the grant writing process and craft the scopes of work, objectives and evaluation criteria that the RFP asks for. This should not fall to only Chuck (grants); in your professional capacity, it is my belief you are all talented and creative and capable.”

It was determined in the meeting that some personnel would be assigned to each RFP with the primary categories/agencies as follows:

- United States Department of Justice (DOJ), Community Oriented Policing Services (COPS), hiring of personnel and program implementation assistance;
- Department of Health and Human Services (HHS), Indian Health Service (IHS), Tribal Management Grant Program, Assisting with infrastructure support for electronic health record and electronic billing capacity and intake assessment;
- Department of Transportation (DOT), National Infrastructure Investments, assisting with engineering and roads planning/construction projects;
- Administration for Native Americans (ANA), Native American Language Preservation and Maintenance - Esther Martinez Initiative, assists with the preservation of indigenous languages in Tribal communities;
- HHS, Administration for Children and Families (ACF) Native American Language Preservation and Maintenance, assists with the development of language programs and maintenance of existing programs;
- HHS, ACF, ANA, Environmental Regulatory Enhancement, to build sound environmental laws and practices;
- HHS, ACF, ANA, Social and Economic Development Strategies (SEDS), to assist Tribal communities to build economic self-sufficiency among community members;
- HHS, ACF, Assets for Independence (AFI) Demonstration Program, to assist Tribal communities to develop financial institutions and other financial infrastructure.

Each of the grants has different requirements for their submission and most are on a short deadline to submit the proposals. The teams have been working on them and this has assisted in the building of further intra-governmental collaborations between LRBOI departments and staff. This is assisting with greater understanding of implementation of self-governance as the Tribe can look at grants and other revenue sources to support government functions as whole, instead of just departmental specific initiatives.
The 2013 Tribal election concluded on April 26th with the following preliminary results. Winners are indicated in bold type, underlined:

**Nine County**
- Bernadine Crampton 86
- Gary Paul DiPiazza 155
- Jamie Friedel 79
- Rita Gale 108
- Brian Loney 87
- Karen Love 89
- Frankie L. Medacco 152
- Janine Sam 98
- Marty Wahindato 196

**At Large**
- Ryan Champagne 231
- Virgil Johnson 308
- Lee Sprague 150

**Out Lying**
- Shannon Paul Crampton 158
- Bill Willis 137

**Judicial**
- Damian Fisher 110
- Spring Medacco 194
- Angela Sherigan 357

**Election Board**
- Alesia Condon 310
- Carol Gibner 338
- Diane A. Lonn 384
- Terri L. Burmeister 355
- Valerie McDonnell 238

The Tribal Election Board reported that out of 1126 registered voters, 698 ballots came in representing 61.99% turnout. The deadline for challenges was May 3rd. Thanks to all candidates for offering to help lead the tribe!

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**Announcement Of Special Election**

**Date of Election:**
July 9, 2013

**Office to be Elected:**
Office of Appellate Court Judge (*Tribal Elder required one seat*)

**Procedures for Establishing Candidacy:**
_Candidates for the Office of Appellate Court Judge (Tribal Elder) - to run the office of Appellate Court Judge (Tribal Elder), a Tribal member must obtain, complete and submit a Declaration of Candidacy packet during the period listed to Election Calendar, below._

**Election Calendar**
- **May 6** - Declaration Candidacy Packets available
- **May 17** - Declaration of Candidacy Packets Due
- **May 24** - State of Candidates certified
- **May 31** - Last day to withdraw candidates

**June 6** - Ballots Mailed
- **July 9** - Ballots due and Election Day
- **July 15** - Deadline for petitions for recount
- **July 16** - For election challenges

The Special Election will be conducted by secret mail ballot. The names of registered voters shall be designated as polls of voting purposes. You must have a physical address or on file with the Enrollment department to receive a ballot. The ballot counting will be held in the Election Board Office in the Old Casino Building 2nd door in Manistee, MI. The ballot counting process begins at 12 pm.

A copy of the Election Board Office Hours from May 6, 2013 through May 17, 2013 has been included in this mailing. Please note any changes from the times published in the Future Currents publications.

_Last day to register to vote for the Special Election is May 14, 2013._

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**Successful Drug Take-Back!**

The Little River Band of Ottawa Indians Tribal Public Safety Department ran a “Drug Take Back” program working with the Drug Enforcement Agency (DEA) in late April. The TPD served as a collection point for unwanted, unused prescription drugs from county residents. This year, Officer Pat Gilles who coordinated the program, reported that they collected a record 8 pounds, 12 ounces of pharmaceuticals for safe disposal. The National Prescription Drug Take-Back Day aims to provide a safe, convenient and responsible means of disposal, while also educating the general public about the potential for abuse of these medications.

_DOJ says: ‘Thank you so much for your part in helping make the sixth National Take Back Initiative a success! Due in part to your efforts, 11,593 pounds of prescription drugs were turned over to law enforcement personnel at 197 sites throughout the State of Michigan. A total of 742,497 pounds of medication were collected nationwide.’_
New Air Quality Specialist at LRBOI

Tom comes to the tribe with quite a bit of experience and education in what is a very scientific profession. He has a Bachelors Degree from Michigan Tech in Chemical Engineering; an Associates Degree from West Shore and has worked for more than two decades as an Environmental Manager. His managerial experience was with Great Lakes Castings, a foundry in Ludington, and with Wood Group, a company that operated a natural gas fired power plant in Zeeland, Michigan. He got his start in the environmental field working in various capacities at ASI Environmental Laboratory, also in Ludington.

As an Air Quality Specialist, Tom will work primarily with the tribal Natural Resources Department monitoring our air quality but he may also interact with Human Resources and other departments regarding environmental, health and safety issues. Tom also has experience in managing storm water, industrial wastewater treatment, liquid industrial waste, universal waste, solid and hazardous waste, emergency response, and health & safety. Tom is married to Sharon, they have four children and nine grandchildren. They enjoy walking, bicycling, boating, and the great outdoors.
Mission Statement
“To strengthen and secure maximum independence for individuals and family members of the Little River Band of Ottawa Indians by providing assistance services that meet the needs of the community.”

Vision
“Meeting the needs of our community and empowering our members through accessible and responsive services to promote self-sufficiency, quality of life, health status and wellbeing.”

Members Assistance Department

Goals & Objectives
Meet the needs of the individual and/or family by providing programs for health and safety, continued utility service and other services requested by tribal members that are identified as a need or crisis. Maintain a quality relationship with the members of the Tribal Community. Utilize a centralized intake process for the Tribal Community to contact for program information and to receive prompt services and/or referrals.

Objectives

- Promote health, safety, self-sufficiency and personal growth in individuals and family members by providing confidential, consistent, effective and timely services to ensure the health and safety of eligible individuals/families in need of assistance.

- Respond to all family support advocate's and referral requests to ensure the most assistance is provided to the eligible member and/or family in crisis or in need of assistance.

- Advocate and/or provide funding for Indian specific programs to fill the needs of the local and at-large communities based on membership requests.

- Inform membership of existing local and Tribal resources and coordinate service assistance.

- Network with tribal service departments and/or agencies to maximize utilization of services and information available to the members of the Tribal Community.

- Create and implement a centralized intake process accessible to service departments. This process will be utilized to compile information for case management, family needs assessment, referral and follow up, service tracking of funding provided to each individual.

FY2013 Members Assistance Department Programs

Program Update:
The maximum amount of assistance is limited to budget amount proposed by the Ogema and approved by Tribal Council for the given program year. An Assistance Matrix shall be utilized in determining level of assistance amount per applicant based on level of resources. Updates are identified in the Members Assistance Program Regulations available online at www.lrboi-nsn.com or upon request the department will mail a copy.

Programs are available in ALL STATES with the exception of the grant funded programs as noted in program listing. Programs are subject to availability of funding.

*Food Assistance Program
This program provides assistance to members who meet the eligibility requirements and are experiencing a dietary/food crisis. Assistance is available in all states. Assistance is subject to available funding. If household is receiving food assistance from another agency, it is the responsibility of the applicant to verify with agency to ensure accessing this program will not affect current benefits. Submission of proof of purchase (receipts) is a requirement of this program. Eligibility Requirements:

- Tribal member is a permanent member of the household.
- Meet program eligibility
- Household income does not exceed the income criteria; 175% of the FPIG
- Amount of assistance: Level of assistance is based on household income and the Assistance Matrix.

*Low Income Energy Assistance Program
This program provides assistance to members who meet the eligibility requirements and are experiencing an energy crisis. Assistance may be accessed once per year. Assistance is available in all states. Assistance is subject to available funding. Eligibility Requirements:

- Tribal member is a permanent member of the household
- Household income does not exceed the income criteria; 175% of the FPIG
- Received a shut off notice from utility vendor
- Received a denial from an outside agency for utility assistance
- Amount of assistance: Level of assistance is based on household income and the Assistance Matrix.

*Elder Chore Assistance Program

The Elder Chore Assistance assists elders age 55 and older. This program is intended to provide limited, short-term financial assistance to eligible Elder members who are disabled and are limited in their ability to perform routine household chores essential to their health and safety and have no other recourse for assistance. There is no income requirement for this program.

Elder must be a permanent member of the household and must provide proof of a permanent or temporary physical disability. Temporary disability shall be for no less than 30 days and shall be verified by documented evidence of temporary disability from a qualified mental health professional or medical professional. Permanent disability shall be verified by documented evidence from a qualified mental health professional or medical professional.

The assistance for elder chore services are identified in the categories below:

* Snow Removal from drive way and sidewalks
* Weather stripping around doors and windows
* Grass cutting, leaf raking and removal, general clearing of debris around home
* Gutter cleaning
* General cleaning of the household including but not limited to dusting and cob web removal, vacuuming, trash removal, bathroom cleaning of toilets and water closets, dishwashing, laundry, scrubbing floors and walls, cleaning of appliances, washing windows, stripping and making of beds
* Circumstances that are outside the scope of items listed may be applicable to the program scope only if left unserviced poses a threat to the health and safety of the elder.

Amount of Assistance – Level of assistance is based on Elder resources and the Assistance Matrix. Assistance amount is no less than 50% of the amount available.

If scope of assistance is beyond what the tribe can assist with there are referrals resources such as Area Agency on Aging, Community Action Agency and other agencies. If you are in need of assistance in accessing these services please contact the Members Assistance Department.

*Rental and Mortgage Assistance Program

This program provides assistance to members who meet the eligibility requirements and experiencing
a housing crisis. Assistance is available in all states. Assistance is subject to available funding. Program may be access once every two years. Eligibility Requirements:

- Tribal member is a permanent member of the household
- Household income does not exceed the income criteria; 175% of the FPIG
- Received demand for payment, eviction or foreclosure notice
- Relocation to affordable housing
- Relocation due to loss of housing due to natural disaster
- Relocation due to substandard housing as documented by an inspector
- If program has been accessed in the past, received a denial from an outside agency for assistance
- Amount of assistance: Level of assistance is based on household income and the Assistance Matrix. Equivalent to one month’s rent or mortgage payment not to exceed program maximum program amount available to prevent or resolve housing crisis.
- Tribal member is a permanent member of the household
- Household income does not exceed the income criteria; 175% of the FPIG
- Vehicle ownership is in the name of the Tribal member or a residence verified permanent member of the household
- Vehicle must be insured and registered.
- Vehicle areas in need of repair meet the scope of the program.

Amount of assistance – Level of assistance is based on household income and the Assistance Matrix.

**Emergency Transportation Assistance**

The Emergency Transportation Assistance Program assists members experiencing a transportation crisis. Program scope for assistance is repair or replacement of mechanical and/or electrical items required for proper vehicle operation and maintenance of safety items. Tribal member is a permanent member of the household. Household income does not exceed the income criteria; 175% of the FPIG. Vehicle ownership is in the name of the Tribal member or a residence verified permanent member of the household. Vehicle must be insured and registered. Vehicle areas in need of repair meet the scope of the program.

**Home Repair Program**

Assistance is subject to available funding. The Home Repair Program assists home owners who meet the eligibility requirements. The program assists with the repair of existing substandard roof, electrical, heating, plumbing and weatherization. Assistance is available in all states. Note: Home Repair Eligibility is based on Annual Gross Income, please contact department for income criteria.

- Home is located in the continental United States.
- Household income does not exceed the income criteria; program income guideline is based on annual gross income.
- Ownership of home is in the name of the Tribal member.
- Home areas in need of repair meet the definition of substandard condition.
- Home owners insurance, property taxes and mortgage payments must be up to date and in good standing.

**Assistance Amount:** Limited funding *

*Programs can be accessed by the Parent or Guardian of a member who has not reached the age of 18 or the legal guardian of a member who has been determined by a court of competent jurisdiction to require legal guardian over the person and/or affairs, provided that the guardian is not the State of Michigan or other state government. This information must be on file with the Enrollment Department.

**THE FOLLOWING ARE GRANT FUNDED PROGRAMS ~**

**Elder Meal Program ~ Title VI**

The Elder Meal Program available at the Aki Community Center. Meals will be served for lunch at noon Monday thru Thursday at the Aki Community Center located at 2953 Shaw Be Quo-Ung Manistee, MI 49660

One very important component of keeping elders healthy in their homes and communities is providing nutrition services. Adequate nutrition is critical to health, functioning, and quality of life. The purposes of nutrition services, activities and disease prevention education are:

- To reduce hunger and food insecurity;
- To promote socialization of older individuals; and
- To promote health and well-being by assisting older individuals to gain access to nutrition and other disease prevention and health promotion services to delay the onset of adverse health conditions.

**Eligibility:**

Enrolled Tribal Elders age 55 and over. Also included in this eligibility are spouse of the eligible participant, handicapped or disabled individuals in the same household are eligible to participate when accompanying the Tribal Elder to the meal site. The meals are provided at NO CHARGE.

**Guest Meals** are available for individuals who would like to attend a meal with an eligible participant/Tribal Elder but do not meet eligibility guidelines. There will be a charge for the guest meal that is calculated according to the meal being served. Average cost is about $5.00. This provision does not exclude Caregivers, In-Home Caregivers or Home Aides from paying for guest meals if they do not meet eligibility requirements.

**Donations** are acceptable and will be used for program activities and to purchase food. At no time are contributions required however the offer to contribute must be provided per program requirements.

**Home Delivered Meals** – (limited services and based on availability of volunteers) Elders should only be on the home delivered meal program if they are unable to leave their homes without great difficulty. Their inability to leave home may be because of illness, disability, or general frailty. Frailty means having a physical or mental disability that restricts the ability of an individual to perform normal daily tasks. This shall be determined by a mental health professional or medical professional.

**Monthly Menu** – the menu will be published in the Rapid River News, the Currents, posted in tribal buildings and posted on our website. Menu is subject to change at any time.

**Beneficial Activities** will begin activities in September and will include fun games, educational presentations on Elder health and wellbeing and other activities of interest to our Elders. The activities portion of the program is a collaborated effort with tribal service departments and outside service agencies; we are hoping to have a well blended number of events on the September Menu Calendar. This calendar will be mailed to all Elders whom have completed their Intake Form.

**Registration** is required to participate in the Elder Meal Program with initial intake processes taking place at this time. If you would like to participate in this program please contact Lee Ivinson or Noelle Cross about this program. To complete the short intake process contact the Members Assistance Department or complete the form at the first meal you attend.

**Volunteers Needed!!** If you have the time and would like to volunteer at the Elder Meal Site please contact Noelle Cross.

The many benefits of this program will be evident with more participation by our Elders. To ensure this program continues there will be assessments conducted on participating elders. The data gathered from this process will assist us in gauging how the program is working and areas where improvements can be made.

*LIHEAP Low Income Home Energy Assistance Program (Heat Source – Natural Gas, Propane, Electric, Coal, Fuel Oil and Wood)*

Currently Heating and Crisis Assistance Funds has been exhausted – Next funding cycle is October 1, 2013 thru September 30, 2014.
ATTENTION TRIBAL ELDERS LIHEAP
Cooling Assistance LIHEAP Component
Tribal Elders

This is a grant funded component of LIHEAP to provide assistance to Tribal Elders who meet the eligibility requirements, have a medical condition that require air conditioning during hot summer months, are experiencing an energy crisis due to additional energy burden to operate the cooling system and live in the 9 county service areas in Michigan. (Kent, Lake, Manistee, Mason, Muskegon, Newaygo, Oceana, Ottawa and Wexford)

-Amount of assistance varies according to individual income level, number of family members and available funding.

-Medical condition and need for air conditioning must be certified and documented by medical professional.

Funding is limited - Assistance is available May 1, 2013 thru September 30, 2013.

NOTE** LIHEAP funds are available in all counties of Michigan, for the counties outside of the Tribal 9 county service areas the local Department of Health and Human Services in your county administers this program under their guideline rules. LIHEAP is also available in all states through their local Health and Human Services and Housing Authorities. Funding Cycle is Oct 1st thru Sept 30th – If you are in need of assistance it is important to contact the office as the need arises.

Well and Septic Program

Currently the Well and Septic Program grant funds have been exhausted. We are still taking applications that will be placed on the future funding award cycle.

The Well and Septic is an Indian Health Services (IHS) funded program. This program promotes health and safety for our tribal members by providing new or renovated sanitation facilities (Well and Septic). This program is available in the nine county service areas. Applicant must be:

a. Enrolled member of the Little River Band of Ottawa Indians.

b. Reside in the nine county service areas (Kent, Lake, Manistee, Mason, Muskegon, Newaygo, Oceana, Ottawa and Wexford)

c. Home must be the primary residence of applicant – (Reside in year around)

d. Ownership of home/site must be in the tribal member’s name.

e. Project Site meets the I.H.S Eligibility Requirements.

A complete application and the supporting documents must be submitted in order to process any assistance request in a timely manner. Supporting documents are listed on the cover page of the application and are required at time of submission.

Please contact the Members Assistance Department for program information and/or to request an application. Applications and Program Regulations are available online at www.lrboi-nsn.com Members Assistance link

Other Services:

• Referral assistance in finding assistance organizations and/or agencies to assist with needs that are not readily available or provided through tribal programs.
• Interdepartmental Referral Services that provided interdepartmental coordination and collaboration with tribal service departments when assisting members.
• MMAP assistance to Elders in need of Medicaid/Medicare Assistance -

PROGRAM FYI’S-
Incomplete applications will not be processed.

In the event an application is inactive for 30 days it is closed. Please read the coversheet of application for all the required documents that must be submitted in order to process an application.

Copies of original documents should be sent with application, please do not send originals. In order to keep costs down we will NOT return original documents.

Applications are processed in the order they are received.

The process is in place to be impartial to all applications received into the department. Normal processing may take up to 5 days. LIHEAP has requirements outside of this period. If household has a pending shut off notice from a utility company. It is the responsibility of the applicant to contact the utility to discuss the situation. Most companies will give an extension and provide services to assist.

New Program coming available soon

The Members Assistance Department is working on the Title VI Caregivers Program. This program will be a collaborative program between Members Assistance and the Family Services Department. The program will be available for non-paid Family Caregivers who provide care to older individuals who have a chronic illness or disability. A Caregiver is identified as an adult family member, or other individual who is an informal provider of in-home and community care to an older individual, or Grandparent age 55 or older who are relative caregivers of a child or children. Included in the Title VI Part C

Caregivers Program are:

• Paid respite for elders taking care of grandchildren.
• Elder Caregiver Support group, trainings and information
• Elder Lending Closet – Provides temporary use of disability equipment. Includes canes, walkers, wheelchair, rollator, bath stools etc. Lending closet will be located at the clinic.

Elder Program Assessments & Questionnaire

We will be announcing the Meal Program Questionnaire for an assessment of the Elder Meal Program. The questionnaire will be available at the meal site and by phone for elders who are registered but have not been in attendance in awhile. The assessment will provide information and guidance from participating elders to ensure the program is meeting its intent as explained in the article above.

Household Budget Skills
Promoting Self Sufficiency

Currently this service is provided upon request. Future program access will prompt an initial budget review and an informative snapshot will be provided to applicant of current resources to expenses and tools to assist household in creating a realistic household budget. Continued tips and information will be provided in the Currents as well. In the event there is enough interest, this process may broaden into a more formalized program.

Members Assistance

Phone: 231-723-8288 or Toll Free 888-723-8288
Office Hours Mon thru Friday 8 am to 5 pm
Closed for lunch hour 12 pm – 1 pm
(Unless appointment is made in advance)
**Little River Band of Ottawa Indians 2013 Bear Permit Application**

The Natural Resources Commission will be holding a lottery drawing for Black Bear permits for the 2013 Season. If you are interested in participating in this lottery, please return this application to; LRBOI Natural Resources Department, 375 River Street, Manistee, MI 49660 or call Natural Resources Department, toll free 866-723-1594. Natural Resource must have a copy of Hunter Safety Certificate where applicable.

You will be contacted by telephone if your name is drawn for a Black Bear Permit. Need not be present to be selected.

**Application must be postmarked by Monday July 15, 2013 at 5:00 pm**

**Questions or comments please call: 866-723-1594**

Drawing and information meeting will be held July 20, 2013, 12:00 pm to 4:00 pm at the Pow Wow grounds.

Name: ___________________________ Tribal ID#: ___________________________

Address: ___________________________________________________________________________

City: ___________________________ State: ___________________________ Zip Code: __________

Daytime Phone: ___________________________ Cell: ___________________________

Elder: ___________________________

Hunting units: Baldwin, Cladwin, Red Oak, Newberry, Gwinn, Baraga

Please list your hunting unit preference in the spaces below.

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**Barbecued Bear**

Ingredients:
- ¼ cup vinegar
- 2 tablespoons sugar
- ½ teaspoon pepper
- ¼ teaspoon garlic powder
- 1 onion, minced
- 1 teaspoon chili powder
- 5 drops Tabasco sauce
- ½ cup water
- 1 teaspoon dry mustard
- 1 ½ teaspoons salt
- 1 tablespoon lemon juice

Mix all sauce ingredients except ketchup and Worcestershire sauce; simmer 20 minutes, uncovered. Add ketchup and Worcestershire sauce and bring to a boil. Remove from heat. Place bear roast in oven at 325 degrees. Roast 3-4 hours or until tender. Baste frequently with sauce.

**Little River Band of Ottawa Indians 2013 Elk Permit Application**

The Natural Resources Commission will be holding a lottery drawing for Elk permits for the 2013 Season. If you are interested in participating in this lottery, please return this application to; LRBOI Natural Resources Department, 375 River Street, Manistee, MI 49660 or call Natural Resources Department, toll free 866-723-1594, Natural Resources must have a copy of Hunter Safety Certificate where applicable.

You will be contacted by telephone if your name is drawn for a Black Bear Permit. Need not be present to be selected.

**Application must be postmarked by Monday July 15, 2013 at 5:00 pm**

**Questions or comments please call: 866-723-1594**

Drawing and information meeting will be held July 20, 2013, 12:00 pm to 4:00 pm at the Pow Wow grounds.

Name: ___________________________ Tribal ID#: ___________________________

Address: ___________________________________________________________________________

City: ___________________________ State: ___________________________ Zip Code: __________

Daytime Phone: ___________________________ Cell: ___________________________

Elder: ___________________________

Hunting units: Baldwin, Cladwin, Red Oak, Newberry, Gwinn, Baraga

Please list your hunting unit preference in the spaces below.

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**Congratulations Carlos!**

Carlos W. Rivera, tribal member and high school student at Onekama Schools has been named one of Manistee County's top high school students and was recognized with a 2013 Excellence in Education Award presented to him by the Manistee County Community Foundation. The May 1st awards ceremony was held at the Manistee Elks Lodge.

Carlos, who has achieved among the top 5% of Manistee County high school students, was nominated for the award this year by his high school principal. Congratulations Carlos!
The Mother’s Day Breakfast Fundraiser on May 12th raised $1367.50 in donations and was a wonderful event for the entire community. This was a volunteer effort and was one that was very much appreciated! There were 125 meals served by the crew. The organizers made over 350 beautiful cupcakes and they all sold out at .25 cents apiece!

Organizers of the event were Connie Waitner, Sandy Mezeske, Bonny Kenny, Lee Ivinson, Lynn Saunders and Noelle Cross. Other volunteers who gave of their time were Mike Burmeister, Karl Waitner Jr., Steve Mezeske, Andrea Waitner, Andrea’s daughter Aurora, Jodee Rainey and Sandy Mezeske’s grandson, Kale.

Lee Ivinson said that, “We would like to give a special thanks to Bob and Carol Bailey and Raymond Zeeryp, your generosity is greatly appreciated, thank-you for your continued support.”

All proceeds from this event will benefit the Elder Meals Program for the purchase of meal supplies. Elder meals are served Monday through Thursday at noon at Aki Maadiziwin, the 3rd Friday of the month in Muskegon and also prepares the meals for the monthly Elder Committee meetings held on the 1st Saturday of each month.
Traditional Teachings in Good Ways For All

Four days of traditional teachings, ceremonies, fellowship, fire keeping, tasty meals, and good words were shared by many people during this year’s Spring Fire and Teachings that were held at the Aki Maadiziiwin community center on April 10th through the day of the Membership meeting, on the 13th. Despite the steady rain, strong winds, and occasional snow and sleet, many people came out to learn and share with others.

Each day started with a Sunrise and Pwaaganak (Pipes) Ceremony, Water Ceremony, and songs followed by breakfast. Casual discussions and teachings regarding fire keeping, clans and colors, the importance of having the Spring and Fall Fires and Teachings, growing Sema (tobacco), copper bowl making, talking circles, pwaagan (pipe) teachings, Grandfather teachings, and water teachings were held throughout the first three days. Many Elders and tribal citizens shared their knowledge, experiences, and teachings with many good words and inspiring messages.

Although according to the calendar, it’s technically Spring, Mother Nature had other plans which forced the majority of the teachings to be held inside the community center. The lodge and surrounding ground sustained some flooding and created a muddy mess that required some ingenuity and gathering of minds and muscles to best handle and fix the problems. Miigwetch to Brian Gibson and Jimmie Mitchell for donating the use of their industrial heaters to help dry the lodge and ground.

With the steady pour of rain also came the first thunders of the year and the Sam family, who are Thunder clan, along with other members, honored these thunders by providing a dinner feast on Thursday. On the last two days, two Naming Ceremonies were held in which Sophie Memberto and Martha Howell each received their names, followed by wonderful feasts. Each evening closed with general talking circles and lighthearted conversation.

The Fire was carefully and diligently tended to by several our men and spirit plates were offered during the meals. People made offerings and lifted up prayers for individuals, families, the membership, and for guidance and thanks. Many good words and thoughts came together with good hearts that made this annual event a success.

Of course successful events like this cannot be held without the hard work and dedication, assistance, and thoughtfulness of others. We would like to express our sincerest thanks and appreciation to the following individuals:

Presenters:
Philip Memberto
Ben Williams
Lorraine Shananaquet
Arriane Gray

Pipe Carriers:
Jimmie Mitchell
Ben Williams
Gee Shalifoe

Pipe Carriers:
Ron Wittenberg
Brian Matrious
Al Metzger
Clarence Syrette

Fire Keepers:
Philip Memberto
Michael Reyna
Lee Sprague
Al Metzger

Fire Keepers:
Mike Ceplina
Gary DiPiazza
Roger Williams
Ron Wittenberg

Provided Meals:
Valerie Chandler
Janine Sam & Family
Gary & Tammy DiPiazza
Little River Casino Resort

Provided Meals:
Terri Tyler
Jay & Keith Sam
Memberto Family

- Renee Diehlman
- Roger Williams
- Gary DiPiazza
- Michelle Reyna

- Reuben Ramone
- Virgil Ramone
- Ben Williams

- Clarence Syrette
- Brian Matrious
- Austen Brauker

We extend our gratitude to everyone who helped make this event a success, including anyone we may have missed. We’d like to give special recognition to Austen Brauker for providing the use of the lodge coverings and teaching and donating the copper for the bowl making session. Kchi-miigwetch to Gary DiPiazza for teaching and providing Sema plants and Sema growing advice for people to take home as well. An extra special thanks to Jimmie Mitchell for donating the wood for the Fire. Lastly, we extend a gracious Miigwetch to Ron Pete and the Little River Casino Resort for donating the box lunches for attendees on the Friday during the event. Like any other project, meeting, or event, we learned that we have some excellent cooks, dedicated individuals, and that we all can come together with good hearts and minds to share and learn together. Miigwetch!

Modern civilization says, don’t pray in school; don’t pray at work; only go to church on Sunday. If you don’t believe what I believe, you’ll go to hell. Deviancy is normal. We role models cheat, drink and run around; these are the people in the news. The news sells bad news; no one wants to hear good news. Kids are killing kids. Victims have little protection. Violence is normal. Leaders cheat and lie. Everything is backwards. We need to pray for spiritual intervention. We need to have guidance from the Creator to help us rebuild our families, our communities and ourselves. Today, I will pray for spiritual intervention from the Great Spirit.

Grandfather, we pray for your help in a pitiful way.

Sally Jewell Sworn in as Secretary of the Interior

Sally Jewell was sworn in as the 51st Secretary of the Interior on April 12, 2013.

As Secretary of the Interior, Jewell leads an agency with more than 70,000 employees. Interior serves as steward for approximately 20 percent of the nation’s lands, including national parks, national wildlife refuges, and other public lands; oversees the responsible development of conventional and renewable energy supplies on public lands and water; is the largest supplier of water in the 17 Western states; and upholds trust responsibilities to the 566 federally recognized American Indian tribes and Alaska Natives.

Spirit Moon names

Ode’mini-Giizis (Strawberry Moon)

Spirit Moon
Raspberry Moon
(May)
(Mskomin-Giizis)

Bear Moon
Timbleberry Moon
(Mkwa-Giizis)
(Dataagmini-Giizis)

Sugar Moon
Corn Moon
(Zisabaakdoke-Giizis)
(Mdaamini-Giizis)

Namebine-Giizis
Naabkwa-Giizis
(March)
(September)

Mndoo-Giizis
Binaakwe-Giizis
(Falling Leaves Moon)
(October)

Falling Leaves Moon
Freezing Moon
(Dataagmini-Giizis)
(Bashkakodini-Giizis)

Dataagmini-Giizis
(October)
(November)

Mdaamini-Giizis
Ode’mi Gaasino
(December)
(June)
**Tax Office**

**Tax-Exempt Quotas**

| Tax-exempt motor fuel monthly limit is 175 gallons per Tribal member. | Tax-exempt cigarette monthly limit is 20 packs per Tribal member. |

**TAX LICENSE REQUIRED FOR SALES HELD ON TRIBAL LAND**

The Tax and Revenue Administration Ordinance (#05-100-08) at 8.03 says that a tax license is required for any sales on Tribal and trust lands. Individuals or groups that use Tribal facilities, such as the Aki Maadiziiwin community center, must obtain the appropriate Tribal Tax License before the event. This also applies to Tribal members selling merchandise at the Little River Casino Resort. The current penalty for failure to obtain a license is $50 per unlicensed seller.

**REMININDER:**

**NEW PROCEDURE FOR VERIFYING RESIDENT TRIBAL MEMBER (RTM) STATUS**

On August 15, 2012, Ogema Romanelli approved a new procedure for verifying the physical address of Tribal members who move into the Tribe’s Tax Agreement Area and choose to have Resident Tribal Member (RTM) status. “Resident Tribal Members” (RTMs) are considered State tax exempt in accordance with the Tax Agreement between the Little River Band of Ottawa Indians and the State of Michigan. A Tribal member must live at the physical address within the Tax Agreement Area to benefit from this tax-exempt status.

Tribal members that do not live within the Tax Agreement Area are not affected by the new procedure.

Proof of Residency is required for any address change to “Resident Tribal Member” status. This means that if you are requesting a new identification card or RTM sticker, and your address has changed since the last identification card issued by Enrollment, you will need to provide written proof of residency in order to be changed to Resident Tribal Member status.

In addition to Tribal ID, the RTM must provide two (2) of the following with name and physical address to prove physical residence:

- Michigan driver’s license with address in Tax Agreement Area
- Voter’s registration with address in Tax Agreement Area
- Michigan identification card with address in Tax Agreement Area
- Utility bill naming member (or legal guardian, if minor) as responsible for payment for address in the Tax Agreement Area.
- Copy of rent of lease agreement if utilities are included in rent.
- Michigan Department of Human Services (DHS) paperwork.
- Social security determination with physical address
- School records (for dependents)
- Post office record of physical address
- Other – certain eligible received mail

Tribal members that do not provide the required “proof of residency” to the Enrollment Office can present their documents at the Tax Office to become eligible for Resident Tribal Member status.

Those members currently listed as “Resident Tribal Members” shall remain on the RTM list unless information is received by the Enrollment or Tax Department that calls actual physical residence into question. In addition, Tribal members using a mailing address outside the Tax Agreement Area may be required to provide proof of physical residency.

No person shall be added to the electronic RTM list or any subsequent listing unless written documentation of Tax Agreement Area residence is provided. The “Address Correction Form for Enrollment” has been revised. Residency within the Tax Agreement Area is now certified on a separate “Proof of Residency” form (TD501). The old address change form will not be accepted after November 1, 2012.

If you have any questions about Resident Tribal Member status or the new Proof of Residency form and requirements, please call the Tax Office at 231-398-6874 or 1-888-723-8288 ext. 6874. You can also access information on becoming a Resident Tribal Member, and the proof of residency form, on the Tax Office page of the Tribe's website at www.lrbid.org.

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**Arcadia Marsh Restoration**

LRBOI Natural Resources Department Collaboration

The Tribe has been collaborating on restoration of Arcadia Marsh since 2010. We are excited to see this project moving forward with culvert replacements, stream redirecting and a prescribed burn that took place April 28, 2013. Arcadia Marsh is one of only 15 coastal marshes along Lake Michigan’s Lower Peninsula shoreline. This habitat is critical for terrestrial and aquatic species alike.

The Arcadia Marsh hosts over 150 species of birds including 17 Endangered, Threatened, or Species of Special Concern, making it a fantastic site for birding. It is also an important spawning, nursery and year-round habitat for numerous fish and other aquatic organisms.

There is an alarming level of invasive plant species present in the marsh. Invasive species such as phragmites and reed canary grass are crowding out native plants which can seriously impact the natural benefits of the wetland. With localized treatments of invasive species, a prescribed burn and planting of locally propagated native plant species, we hope to see a more diverse and healthy system in the near future. One species of special interest that we will be keeping a look out for is the Threatened species of Wild Rice! A new trail and interpretive center will be available soon.

This project is collaboration with Ducks Unlimited, the Grand Traverse Regional Land Conservancy, Conservation Resource Alliance, the Manistee County Road Commission and the Little River Band of Ottawa Indians.

**Be an Energy Auditor!**

How would you like to really know about renewable energy systems and energy efficiency? How would you like to learn the skills to help others be more responsible with energy in their lives? How would you like to become a certified ‘Energy Auditor’?

The LRBOI Commerce Department has worked with the Building Science Academy to present a 2-day training course that will introduce you to the whole subject. In this particular class, topics will include, “…an overview of technologies, how technologies are used in communities, renewable projects in Michigan, rebates and incentives and how to use renewable energy with energy efficiency.” The class will also teach about an overview of energy efficiency for residential and commercial buildings and will teach about treating the house, “…as a system, standards in residential and commercial applications, diagnostic testing and how it is used to measure energy efficiency.”

This class is just the first being presented to tribal members, elected officials and staff in a program that will offer the opportunity to become certified as an auditor, which can then possibly lead to career opportunities.

The program is funded by a Department of Energy grant originally begun by Dan Shepard, tribal planner and is limited to 30 participants.

For more information, contact David Hawley in Commerce, Workforce Development Specialist at 231-723-8288 or 1-888-723-8288, extension 6842.
**FAQs**

Q. Does it matter when a pregnant woman quits smoking?
A. The best time to quit is before you get pregnant. If you do get pregnant and are a smoker, plan on quitting within the first three or four months of your pregnancy. You can lower the baby's chance of being born too small and with lots of health problems.

Q. How about cutting down on cigarettes rather than quitting for good?
A. The only way to really protect your unborn baby is to quit. Cutting down is better than doing nothing but it may not make things better for the baby.

Q. Does quitting smoking provide benefits for you as well as for your baby?
A. Pregnancy is a great time for a new quit. No matter how long you have been smoking, your body benefits from quitting. You will feel better and have more energy to get through the pregnancy and to care for your new baby.

Q. If you quit smoking during pregnancy, will you have a hard time handling stress? Yes. You can learn to relax in ways that are much better for you and your unborn baby. When you feel tense, you can take deep breaths or close your eyes and count to ten.

**How can you get help in quitting?**

- Ask for help from your doctor or nurse and from family and friends.
- Make a list of your reasons for wanting to quit for yourself as well as for your baby.
- Set a Quit Date - the sooner the better. If you are not ready to set a date, you can begin to cut down on smoking and make a plan to stop all smoking in the near future.
- Ask for stop smoking materials and read them. You need to learn about your own smoking habit and feel in control to stop smoking.
- Try the Food Diet: Drink water and unsweetened tea. Take deep breaths and walk for a few minutes. You may not want a cigarette or even smoke.

**Drink Water:** Drinking water may help you, and it helps flush out your body's toxins. Do Something Else: Find an activity you enjoy. If you平时 are dancing, try dancing. If you are reading, try reading. If you are watching TV, try watching TV. If you are exercising, try exercising.

For the beginning of pregnancy season, go visit your elders and talk to them about the main stages of having a baby.

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**Aki Community Center Elder Meals Menu June 2013**

<table>
<thead>
<tr>
<th>Meals served at 12:00, Monday—Thursday</th>
</tr>
</thead>
<tbody>
<tr>
<td>No Charge to Elders, their Spouse and Handicap/Disabled individuals who reside with Elders.</td>
</tr>
<tr>
<td>Donations are appreciated and will be used for program activities and food.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>3 Chicken Wild Rice, Peas &amp; Sherbet</td>
<td>4 BBQ Beef Sandwich Cole Slaw, Asparagus &amp; Strawberry Shortcake</td>
<td>5 Ham, AuGratin Potatoes Asparagus &amp; Dessert</td>
<td>6 Meatloaf, Mashed Potatoes, Corn &amp; Dessert</td>
<td>7</td>
<td>8</td>
</tr>
<tr>
<td>9</td>
<td>10 Turkey Club, Potato Chips, Fresh Broccoli, Dessert</td>
<td>11 Fish Fillet, Mixed Veggie, Roll &amp; Dessert</td>
<td>12 Angus Burger, Mac n Cheese, Veggies &amp; Dessert</td>
<td>13 Lasagna, Veggie, Garlic Bread, Sherbert</td>
<td>14 Flag Day</td>
<td>15</td>
</tr>
<tr>
<td>16</td>
<td>17 Goulash, Carrots, Potato</td>
<td>18 Roast Beef, Potato &amp; Carrots Dessert</td>
<td>19 Grilled Chicken, Macaroni Salad, Lettuce &amp; Tomato, Mixed Fruit</td>
<td>20 Spaghetti, Mixed Veggie, Garlic Toast &amp; Dessert</td>
<td>21 Friday Muskegon Meal Please RSVP with Noelle 231-398-6886 12:00pm</td>
<td>22</td>
</tr>
<tr>
<td>23</td>
<td>24 Taco Bar Fry Bread, Veggie &amp; Dessert</td>
<td>25 Ruben Sandwich, Macaroni n Cheese Cauliflower Dessert</td>
<td>26 Chicken Salad Sandwich, Fresh Veggies, Fruit Salad &amp; Jell-O</td>
<td>27 Breakfast for lunch!</td>
<td>28</td>
<td>29</td>
</tr>
<tr>
<td>30</td>
<td></td>
<td></td>
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</tbody>
</table>

**ACTIVITIES:**

Wednesdays—Wil Bowling
Other Activities: Birthday of the Month, Bingo, Card game TBD

Menu subject to change with out notice.

Meals meet 1/3 of the RDI based on a 1600 to
Lightning Strikes

The average bolt of lightning carries over 100,000,000 volts and can reach out over 100 miles. According to the National Oceanic and Atmospheric Administration (NOAA), lightning is one of the leading weather-related causes of death and injury in the United States. It is estimated that the Earth is struck by this incredible electric force more than 100 times every second. The odds of being struck by lightning in your lifetime are 1 in 3,000.

There is a great deal of misunderstanding and misinformation regarding this powerful natural phenomenon. Let’s explore some of the facts.

- Some forms of lightning originate and release from high up in the thunderstorm cloud. This lightning can strike far away from the actual rain storm – up to 5-10 miles in front or behind the storm. Many people are struck by lightning without realizing they are in a lightning risk area.
- If you can hear thunder, you are within 10 miles of a storm and are within reach of lightning. This is the time to seek shelter.
- Rubber-soled shoes provide absolutely no protection from lightning.
- Buildings that are not equipped with grounded plumbing or electrical wiring are unable to conduct electrical current and do not offer protection from lightning. This means that you are still vulnerable if you seek shelter in a bus stop, shed, golf hut, park pavilion, etc.
- Stay away from tall objects if caught in a storm. Trees are one of the worst forms of shelter from lightning. They offer a false sense of security and, if anything, attract lightning.
- An automobile can offer protection by acting like a Faraday cage, provided that the occupants do not touch the metal of the car while inside.
- When lightning strikes it can easily travel through electrical wire. Avoid using electrical devices (computers, hair dryers, etc.) during a storm to prevent injury.

So, what if you are caught in a vulnerable place during a storm?

- If you begin to feel the hair on your body or head begin to rise, this could be a sign that the positive charge of your body is reaching up to the negative charge of the sky. A strike could be imminent. Stay low and seek shelter. If caught in the open, crouch low. Do not lie on the ground. You are more apt to receive a secondary shock from the ground if lightning strikes near you.
- If someone is struck, they do not contain an electric charge. Provide first aid immediately and be prepared to provide CPR. Call emergency response services.

Frugal Franny

Being frugal and eco-friendly go hand in hand, as both concepts take pride in avoiding waste, reusing, and seeking minimal cost without compromising quality. The challenge, however, is keeping the two concepts in close proximity to each other in order to create a resounding change in spending and lifestyle. Home is the perfect place to make this happen. As we can all relate to several areas where they meet daily:

**Plastic**

Plastic is everywhere and disposable plastic is a serious environmental problem. Not all varieties can be recycled easily and once sent to the landfill it could take hundreds, even thousands of years to decompose. At the same time plastic is convenient but imagine the yearly savings if it was only used when absolutely necessary. Suggestions include:

- **Plastic-wares** (forks, knives, spoons): Reuse or bring non-disposables back into regular use.
- **Plastic cups**: Use glasses and mugs.
- **Plastic bags**: For trash, reuse supermarkets bags; for lunches or snaks use reusable hard plastic containers instead.
- **Plastic bottles**: In place of buying bottled water pick up a reusable BPA free plastic or aluminum bottle to refill over and over.

**Water**

You may be thinking, “Won’t using non-disposables affect the water bill?” The truth is if we wash dishes differently we can use less plastic, conserve more water, and lower our monthly payments. For example, don’t let water run when scrubbing and preferably not when rinsing. Soak dishes in one dish pan, scrub, and have a second one available for rinsing. Other water-saving and eco-friendly tips include:

- When brushing teeth don’t let the water run.
- Catch the initial shower water that isn’t the desired temperature in a bucket. Use that ‘caught’ water to manually flush the toilet, clean the floors, or water plants.
- In the garden only water roots of plants and in between them.
- Do a periodic home water check by halting all usage, checking the water meter, waiting two hours, and checking the meter again. If a change occurred it’s likely a leak has sprung somewhere which needs attention not only because it’s wasting money and water but it could become a much larger issue when not fixed.

**Electricity**

Like water there are ways to be frugal with electricity for financial and environmental purposes.

- Replace incandescent light bulbs with CFLs, which are a bit pricier but save in the long run. Also, the more CFLs purchased the less need there will be for incandescents which greatly impact the environment during production.
- Cleaning HVAC (heating and air conditioning) filters will aide in air distribution and quality of air. Dirty filters re-circulate bad air and cause systems to work harder using up more energy and money.

**Garden**

Gardening shouldn’t be an expensive venture and there are many ways to make it even more ecologically friendly than most people think:

- **Reuse food containers, egg cartons, and similar items as pots or seed starters.**
- **Make fertilizer from natural sources such as seaweed or compost.**
- **Repel unwanted pests and insects with herbs.**
- **Don’t cut grass short. Keep lawns a little higher so roots are shaded from sun making them stronger and needing less water.**

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**Homemade Mosquito Repellant**

**Ingredients**

- 5 drops of Lavender Essential Oil
- 5 drops of Citronella essential oil
- 3 – 4 Tbsp Homemade Vanilla Extract (which is why I recommend making your own so it’s inexpensive!)
- 4-5 Tbsp. Lemon Juice or 5 drops of Lemon Essential Oil

**Instructions**

1. Mix all of the above ingredients in a spray bottle and fill the rest up with water (or a mix of water and vodka, or a mix of water and witch hazel).
2. Spray away!!
OUTERSPACE PUZZLE PAGE

ACROSS
1. Seventh planet from the sun
4. Eighth planet from the sun
7. Closest planet to the sun
9. What meteors are called before they visit Earth
11. Fifth planet from the sun

DOWN
2. Planet with many rings
3. The closest star to Earth
5. Third planet from the sun
6. Tool used to look at planets and stars close-up
8. Sometimes shows a pretty tail
10. The ___ side of the moon is cooler than the other side

Blast Off for some fun!
Games on this page are related to outerspace & our solar system.

SPACEY WORD SEARCH
Hunt for the words shown on the list below, then circle them as you find them:

EP O C S E L T J P M R T M
Q L S M E R C U R Y O F E F O
P S A E B E N Y O C T A P
N P E E T G W M N B M T I R K
J N E P T U N E X C S A P C E
V E N U S X R I K R U E T
R Z O W R U X N D C A D J C U
J M A R S P N O Q D O T U P H A M
Z X S B R K O V T S S H P U
M D I U H I M T U V B T S S
W L D S I E T R Q M G G E B V
L M U B T K A S T E R O I D S
A K C E P N R S O L U N G W
S N O T U O A F N P L A N E T
R R P S P X L X C O M E T S D

mercury  
venus  
mars  
jupiter  
saturn  
uranus  
neptune  
telescope  
stars  
moon  
sun  
orbit  
planet  
stardust  
meteor  
comets  
esteroids  
spacecraft

See the letters around the rocket at the top of the page? Try to rearrange them to fill in the blanks:

WHAT HAPPENS BEFORE LIFT-OFF

the Kidz page.com
20th Annual Presenters Call
Aanii
We are looking for presenters for this year’s camp; this will allow for plenty of time for everyone. This year’s camp will be held on July 26, 27, 28 2013. If you are interested in being a presenter, I will need a presentation outline and a biography.

We will need two different presentation outlines and some presenters will be asked to present for up to three different times. Each presentation should be approximately 1 ½ hours long, but if you have a presentation that requires a longer amount of time, please let us know ahead of time in order to accommodate your workshop. Please also let us know if your presentation is meant to target a particular age group or other demographic. We also need to know if your workshop is total Anishinaabemowin immersion and if you will have a translator or if you will be presenting in the English language with some Anishinaabemowin. Please note that if you have handouts for your presentation, you are responsible for making sure you have enough copies because there are no copiers on site.

Just as a note, most of our guests do not speak Anishinaabemowin and some understand it, but do not speak it yet. For some of our guests, this is the only time that they get to hear Anishinaabemowin being used. It would be appreciated for all of the presenters to remain visible throughout the camp and to be available to speak in Anishinaabemowin. We have had successful Camps because of the good presenters that have participated. We attend one another’s presentations and socialize with the guests; we support one another and love our language.

Along with your presentation outline and biography, we will also need to know if you require lodging. Please send all of your information via email as soon as possible and do not wait until the last minute otherwise you may not make it on the presenter list. It would be appreciated if your presentation outline and biography could be sent as separately attached documents in the email. It’s just easier for us when process our program book.

If you know anyone who may be interested in presenting at the Camp, by all means, please forward this letter to them and have them state in their email who recommended them to present.

The deadline for all of this information is May 15 2013.

Here is my contact information:

kheasant@lrboi.com
kennyheasant@charter.net
www.anishinaabendays.com
231-398-6892 (work)
231-590-1187 (cell)
231-933-4406 (home)
Aa migwech
Gaabaaabaiiyin wiibizhbiimoyin
Kenny Neganigwane Pheasant

INDIAN VILLAGE CAMP 2013
Four Days and Three Nights: “Cultural Teachings and Wilderness Living Immersion Camp”

CAMP DATES:
Session One: June 20 -23
Session Two: July 11-14
Session Three: Aug 1-4
Session Four: Aug 22-25
Funded by the Department of Justice with an OJJDP-TYP grant. Sponsored by the LRBOI Tribal Court Peacemaking Department

CONTACT: Austen Brauker 231-398-2240
abrauker@lrboi.com

Youth participants must sleep in individual wigwams, cook meals over a fire as a group, participate in camp chores and meal clean-up and maintain personal hygiene using solar showers. Bathroom facilities are porta-johns. No electronic devices are allowed.

Trained Staff, including Tribal Elders and Tribal Government Employees, Male and Female at all times, are onsite to supervise all camp activities.

Night Watch Staff watch the camp all night for safety.

ELIGIBILITY: Male and Female: Ages 12-17
Parent or Guardian must apply for the youth participant to be approved to attend the camp.

Application forms are available from the Peacemaking Probation Department of the Little River Band of Ottawa Indians. This is a rustic wilderness camp. Youth must be physically able to participate in normal camping type activities and be in good health. Exceptions for disabilities or injuries can be made with approval. Violent or sex offender youth are prohibited from attending this camp for the safety of other participants.

The camp is designed for: Tribal Member Youth, Tribal Descendants and Traditionally Recognized Non-Members (Family who are directly related to tribal members, such as by marriage, adoption, or other justifiable circumstance, or are a recognized part of a tribal community even if not by blood, etc.)

RUNDOWN OF A BASIC INDIAN VILLAGE CAMP SESSION BY ACTIVITY
Participants are dropped off at Indian Village, a rustic and remote recreation of an Indian encampment with longhouses, round houses and individual sleeping wigwams for participants. Spring water is brought in for drinking and an onsite hand pump well is used for additional water. Food is stored on ice in coolers. Equipment is stored in two pull behind trailers. Male and Female trained staff are onsite at all times.

Upon arrival participants are assigned a personal wigwam and necessary camping equipment; Staff receive medications from parent/guardian and lock in secure area; paperwork and release forms for each participant are stored; At this time there is notification to staff of any special needs-allergies-disabilities-diet-potential behavior problems; The first organized event is a lunch followed by a welcoming Pipe Ceremony; We have an Introduction Circle with a name memorizing game; We go over camp rules and expectations of behavior; We explain Talking Circle guidelines and how to address conflicts or problems with staff and peers; We discuss personal hygiene requirements, fire rules and fire safety and give an overview of some of the cultural and craft activities; Each participant is expected to cook, to clean, and to offer a food blessing at some point during the camp session; We explain about cooking and cleaning – which is done by youth participants with guidance of adult staff; Explain that other camp work duties will be expected as the need arises.

Between meals are organized activities. There are hardly ever any down times when there is not a scheduled activity. Scheduled activities are secondary to group dynamics and the situational need for talking circles, conflict resolution or personal human situations that always occur without planning. Talking Circle Communication takes precedent over the need to present crafts or disseminate educational information. All activities have several layers of importance, the skill itself, the networking of the group through peer interaction, the philosophy of the activity, and how it applies to the real world and people’s real lives. Some of the activities that are presented include:

FIRE: Bow Drill Fire-making. Demonstrations of alternate methods of Fire-making such as flint and steel and using magnesium shavings, using a lens to make fire, piston fire, fire tinder like birch bark and cedar bark, collecting proper kinds of wood, how to maintain a fire, different uses of a fire such as utility fire and sacred fire. All participants are asked to collect firewood and at different times to be a fire-keeper.

CLAY: Different clay projects include pinch and coil pottery, animal fetishes, beads, amulets or wall hangings, or building a community clay oven. Traditional pottery projects are pit fired to harden clay.

BEADWORK: Different types of beadwork projects are presented, lazy stitch and appliquéd. Sometimes beadwork is used to decorate other projects.

LEATHERWORK: Personal medicine bundles or larger medicine carrying pouches are made and sewn together, sometimes with necklace or fringe attachments.

BIRCH BARK: Numerous birch bark projects are made including baskets, decorative rings, scratching winter bark designs, tubular containers, making birch oil and how to collect birch materials.
The Little River Band of Ottawa Indians Housing Department currently has programs to assist prospective Homeowners, and existing homeowners, with Down Payment and Closing Cost Assistance. The programs are available to Tribal Members who are buying, building, or planning to buy or build, or who have purchased a home and would have met the requirements of eligibility for any of the programs established in the Ordinance between September 21, 2005 and the date the Ordinance went into effect. It is available to members within or outside the Reservation or Trust Lands boundaries. There are no income requirements, and you can receive a combined amount up to $5,000.00 and is based on 2.33% for Down Payment assistance and 1% for Closing Cost assistance which is calculated on the total purchase price. Please contact Chad Gehrke in the Housing Department for additional information and applications, 231-398-6878.
There are 13 crates on the lower level of the LRBOI Health Clinic at the time this story is being written. Big crates! In them are high-tech examination tables, sophisticated dental exam chairs and even a generator. They didn’t cost the tribe a dime!

While impressive by itself, what is even more impressive is that the new Tribal Health Director Robin Carufel, knows how to work the Federal system! “Seeing the need to expand the services of the LRBOI Tribal Health Clinic and that more of the tools of modern medicine are needed to achieve our goals.”

Through contacts and his extensive background in Tribal health, Director Carufel knew that through the “Indian Health Service TransAm Project,” that equipment and supplies were available.

On March 1st, Carufel made the request for the equipment, initially to help fill the new clinic at the Government Center under construction across from the Little River Casino Resort. But, as Carufel said, “the equipment can also be put in place and used ‘right now’ at the existing facility!”

On April 4th, Ron Fogle, the Materials Handler for Project TransAm, sent an email that said that the equipment was being processed for shipment to LRBOI on April 8th. It was delivered and now, as a Native Sovereign Nation, it can be used to meet the needs that the tribe has identified for its people.

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Much of the equipment sitting downstairs right now at the clinic at 310 Ninth Street, Manistee, is from Walter Reed Army Medical Center. The famous Walter Reed is being shut down while military health services are being consolidated in Bethesda, MD. That translates into a lot of excellent equipment sitting around, needing a home! The TransAm Project is making it available through IHS and putting it to good use around tribal country.

Indian dentist and a Registered Pharmacist that are ready to come here and work on a consulting basis for our tribe. Add to that, additional opportunities such a young tribal member who identified herself as a Pharmacy student who would really like to come and work as a Pharmacist. Or another tribal member completing a Bachelor of Nursing degree to become another vital member of clinic staff. Actions such as these are taking at the clinic and will provide for others in the future.

As of now, the clinic will be one of the last, and biggest, departments to make the move to the new Government Center. Meanwhile, the Tribal Clinic is making the best use possible of the space and equipment that they can.

See the related article on other grants and opportunities being pursued by your tribal government.
Come and join us at this year’s 18th Annual NAWA Gathering and Tradeshows 2013
July 17-19, 2013 – Little River Casino Resort

U.S. 31 & M-22, 2700 Orchard Highway, Manistee, Michigan 49660 Group Reservations
(888) 568-2244 Block Code: Native American Water
Association Room rates: $89.00/night, single/double occupancy, plus tax
Fed. Rate is also available.

Cut-off date is June 29, 2013
Register today for this unique Gathering of Tribal Water and Wastewater Utility Professionals
When? July 17-19, 2013
Where? Little River Casino Resort
Registration Options and Cost:
- Individual rate - $400.00 per-person.
- Group/Utility - ($200.00 per-person for a group of up to 4 attendees from the same Utility/Leadership/Summer),
- Conference fee includes: dinner buffet and luncheon buffet, tickets for raffles and all general and technical sessions. **To Register, please contact NAWA 1-775-782-6636 or nawa@msn.com**

Who should attend the National Gathering?
- Tribal Drinking Water Operators, Wastewater Operators, Tribal Utility Managers, Tribal Rural Water Program Staff, Tribal Utility Boards and Committee Members, Tribal Leadership and Tribal Environmental Specialists. This unique gathering of tribal water and wastewater professionals represents tribal utilities from across the nation gathering together to share thoughts, information and knowledge of the issues facing tribal drinking water and wastewater programs throughout Indian Country.
- What will the Gathering and Tradeshows include? Water and Wastewater industry tradeshows, wastewater programs information, tribal utility program speakers, representing their tribal utilities from all across the United States, operation and maintenance issues, tribal operator certification program issues, drinking water utility management, water distribution systems, SDWA compliance issues, water storage tank maintenance and systems security issues.
- Tribal Operator Water and Wastewater Certification testing will be available during the 2013 Gathering.
- (You must pre-register to be eligible to take the Water or Wastewater examination tests during the Gathering). Please contact the NAWA for an application for testing.

Native American Water Association brings together? This NAWA 18th Annual National Gathering of Drinking Water and Wastewater Professionals will bring together from all across Indian Country. Tribal Drinking Water and Wastewater System Operators, Managers, Utility Board Members, Council Members, Emergency Personnel and Tribal Environmental staffs with the responsibility of providing safe potable drinking water supplies, sanitary facilities and environmental services in their communities. This program will assist you in developing a greater understanding of our roles and responsibilities as we protect public health in our tribal communities.

Join us for the NAWA Golf Outing at the Manistee National Golf & Resort
4797 U.S. 31 South Manistee, MI 49660
For more information on this Golf Tournament contact:
Sally Bell at: 1-231-398-2287 or NAWA at: 1-775-782-6636 or nawa@msn.com

Sign up to play with us July 16, 2013
Rate: $40.00 Per-Player
Phone: (231) 723-8874
Credit Cards Accepted: Visa, MasterCard, Discover, AmericanExpress, or Check

CHS and EHAP Department News and Updates
Happy Spring, finally! We hope all is well with everyone wherever you may be during this wonderful time of rejuvenation. We have been very busy with processing applications, claims, and sending faxes and logging information. We had a meeting a few weeks ago and decided that we want to go back to being more personable with the membership. YES, we are dividing up the alphabet and you will be assigned your own caseworker! Everyone thought that the “personal touch” they used to give to their people was missing and it felt like an assembly line. So with that in mind we decided to go back to caseworkers. This begins on Monday, May 6th. You will log all appointments, pharmacy, and applications/ reassessments with your caseworker. The alphabet assignment is by last name and is as follows:

- A thru C - Ronda Koon, D thru J - Roberta Davis
- K thru M - Kathy Gibson, N thru SK - Mark Plouhar, SL thru Z - Kristy Davis

We also have a few reminders when calling in and leaving a voicemail message. Please leave your area code and phone number along with your name. If calling on a cell phone, it is a good rule of thumb to repeat your information in case the connection was bad.

The registrations/reassessments MUST be filled out in ink. Please remember to sign all the sections and to send back copies of your information. This helps to expedite the completion of your file. When you mail in your applications/reassessments, please DO NOT attach claims or bills to them. This will prolong the processing of your claims/bills. You can mail them together, just PLEASE do not attach them to each other.

If you have any questions or concerns, please feel free to contact the office toll free at 1.888.382.8299 or locally at 231.723.8299. Gina Wright and the CHS/EHAP Staff

NO SUMMER SCHOLARSHIP OR BOOK STIPEND FOR 2013
As many college students are aware, at different times a limited number of summer tribal scholarships have been available to tribal members attending college in summer. The book stipend has been also been available for summer students. In 2013 there is no funding for summer scholarships or book stipends. If you are a Michigan resident attending a public college in Michigan you still have the Michigan Indian Tuition Waiver which will cover the cost of tuition for summer classes. If you receive Pell Grant funding and have notified your school in advance that you plan to attend during summer, then you may have Pell grant funding available as well. But for 2013 and likely 2014 as well, there is no summer
Currents

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Ode’miini-Giizis (Strawberry Moon)

June 2013 vol.10 Issue 6

Health App release

Lyfechannel wins the healthfinder.gov Mobile App Challenge. The winning app, called myfamily, will help individuals manage their family’s health through customized prevention information for each family member— all in one tool.

The app, which focuses on the preventive care benefits and services covered by the Affordable Care Act, will empower individuals to take greater action to improve and maintain their family’s health. Users can find customized prevention information and tips for each member of their family, create personal health alerts, and keep track of medical check-ups and vaccinations. Research shows that patients who are better engaged in their own health care have better health outcomes and electronic tools can help them be better health consumers.

“This app puts the power of prevention at the fingertips of Americans,” said Dr. Koh. “Families can now use healthfinder.gov preventive care information to make informed, personalized health care decisions right from their smart phone.”

The healthfinder.gov Mobile App Challenge was sponsored by the HHS Office of Disease Prevention and Health Promotion and managed in coordination with healthcare technology company Health 2.0 and the Robert Wood Johnson Foundation. It challenged developers and health professionals to work together to co-design a mobile application that makes healthfinder.gov content customizable and easy to use for prevention care planning. Healthfinder.gov provides reliable and actionable information on prevention and wellness topics, including the clinical preventive services covered under the Affordable Care Act.

During the first phase of the challenge, developers worked with end users, via a crowdsourcing platform called Health Tech Hatch (HTH), to build a working prototype. More than 160 individuals registered as testers and provided more than 260 comments. Three finalists were selected from 26 submissions to move on to the second and final phase.

“For the first time during a challenge competition we went to end users during the development of the applications,” said Bryan Sivak, chief technology officer, HHS. “The use of crowdsourcing and feedback loops provided teams with critical information to develop a more useful application—not just another app—but a piece of technology that fulfills the needs of its users and improves health.”

Submissions were reviewed based on weighted criteria, including usability and design, evidence of co-design, innovation in design, functionality and accuracy, and healthfinder.gov branding. Particular emphasis was placed on the use of plain language and health literacy principles, as well as connecting users to healthfinder.gov information about clinical preventive services.

The myfamily app was developed by Lyfechannel, a small privately-held company that translates evidence-based health behavior and adherence studies into mobile patient experiences. Lyfechannel is headquartered in San Carlos, Calif.

For more information about the challenge winner and steps on downloading the app from iTunes, visit: www.healthfinder.gov/StayConnected.
The most well-known federal boarding school (also known as industrial schools) in Michigan was located in Mt. Pleasant. It closed in 1934 after Michigan’s Governor William Comstock made a deal with the federal government to acquire the property in order to transform it into a blue-ribbon, mental health facility. In exchange, Comstock agreed that the state would accept the responsibility of educating “all Indian residents” in Michigan without cost to the federal government. This became known as the Comstock Agreement, and represents the beginning of the second path on which the Michigan Indian Tuition Waiver Changes at NMU Michigan Indian Tuition Waiver would be based.

Despite the Comstock Agreement, there were no state-funded programs until 1972 for Indian education, besides allowing Native American children to attend public schools. Because of the agreement, no direct educational services were provided to Michigan by the federal government while the state operated the Mount Pleasant Regional Center on the land they received.

In 1972, the next step took place when Paul Johnson, a master’s student at the University of Michigan, filed a lawsuit against the university for violating the Treaty at Fort Meigs by accepting land use rights without providing the educational guarantees. Although the suit would eventually be dismissed, it became the catalyst for the creation of the Michigan Indian Tuition Waiver. The momentum gained through the lawsuit led to support from legislators, most notably from Jackie Vaughn, a state representative of Michigan who took special interest in the case. He sponsored the bill that became The Waiver of Tuition for North American Indians Act (1976 Public Act 174). Passed by the Michigan Legislature in 1976, it was signed into law by Governor William Milliken, who said that, “In my view, the concept is laudable in that it provides a segment of our society with an opportunity and recognizes that the state recognizes that the state might not have fulfilled Governor Comstock its obligation in the past to our North American Indians.”

The original act waived tuition at community colleges, public colleges and universities to individuals who were full-time students, legal residents of Michigan for at least 18 months, and certified 1/2 blood quantum Native American by the Michigan Commission on Indian Affairs. The waiver was amended two years later, reducing the blood quantum minimum to 1/4 and state residency to 12 months and included part-time and summer students. Since it was originally passed, the tuition waiver has received mostly bi-partisan support. Still, the MITW has faced legislative attacks to repeal it outright or to require additional criteria for students to qualify for the waiver. In 1995, Governor John Engler stated he would veto the next higher education budget if it included funding for the waiver. Senator John Schwarz (RBattle Creek), Chairman of the Senate Appropriations Committee, was instrumental in preserving the waiver by removing it as a line item in the state’s higher education budget and adding it into the base funding of each state college and university.

Also in 1995, Representative Tim Walberg proposed amendments that would have allowed for satisfactory academic progress and enrollment in a degree-seeking program as eligibility criteria for the MITW. Even though the amendments did not pass a Senate vote, this has created confusion, as some universities have cited the amendments as justification for implementing these requirements into their criteria.

The MITW came under attack again in 2010, which resulted in the Michigan Department of Civil Rights assuming administration of the program. These latest attempts to eliminate the waiver were the result of legislators who felt casino revenues should supplant state funding and claims that the waivers violate Proposal 2, a 2007 amendment to the state Constitution that prohibits preferential treatment in public education on the basis of race or gender. This argument fails to recognize the precedents set by treaties, which are the supreme law of the land, and the Comstock Agreement. These are Michigan’s obligations for the education of Native American people that should never be taken away.

The 2010 decisions also resulted in changes in the requirements for receiving the waiver. Only students from federally recognized United States tribes will remain eligible. Previously, First Nations or state recognized tribal members who met the other qualifications were able to use the waiver. The changes did still allow schools to make decisions about things such as requiring satisfactory academic progress and enrollment in a degree-granting program.

NMU has blazed a trail for other colleges to follow by eliminating the federal financial aid requirements. Hopefully more can be done in the future for American Indian students. (Author’s Note: Thank you to Dr. Martin Reinhardt and Melissa Claramunt of the Michigan Indian Affairs, a publication of the NMU Center for Native American Studies)
LRBOI Tribal member and Elder Delano Peters is still at it, inventing cool items which can help people! Over the fall and early winter, Del introduced a new portable ‘exercise’ piece of equipment that can help young people improve their balance and ability to do gymnastics including as he says, ‘Teach them how to get started walking on their hands!’
To honor is to give preference to another. It is the act of extending to another the first opportunity. Honor is incubated in a heart of humility. It is the art of serving someone else, even at personal expense.

Your very existence has been a great honor to so many I am certain you could never really know the full scope of it all.

Thank you for bringing honor into our world.
The LRBOI Tribal Public Safety Department handles many different types of complaints and problems. From regular ‘beat’ officers to detectives, narcotics investigators, Maritime officers, search and rescue units and Natural Resources officers, you never know just what issues will come up from day to day. Here is a sampling of calls handled by our Tribal Police this last month. The following is a synopsis for April Tribal and non Tribal arrests.

04/19/2013: Tribal Police arrested a 27 year old Muskegon man for domestic assault. The incident took place in the Casino parking lot.

04/19/2013: Tribal Police arrest a 26 year old Muskegon woman at the Casino for domestic assault.

04/20/2013: A 28 year old Manistee man was arrested for driving while license suspended, second offence. The incident occurred in Manistee Township.

04/26/2013: Tribal Police arrested a 26 year old Wyoming man for disorderly conduct at the Casino Hotel.

04/30/2013: A 24 year old Spring Lake man was arrested on a Felony larceny from a building warrant. The warrant arrest stems from a theft from a Casino patron. The man was also on probation.

NOTICE OF PEACEMAKING CONFERENCE

The Little River Band of Ottawa Indians Peacemaking/Probation Department is proud to announce the 2nd Annual Midwest Peacemaking Conference at the Little River Casino and Resort, located in beautiful Manistee Michigan. The staff and volunteers are very excited to once again be part of the planning and implementation of the 2nd Midwest Peacemaking Conference. The Conference is scheduled for June 4th, 5th, and 6th...

This year’s theme for the conference is “The Wisdom of Peacemaking.” This conference will encompass many aspects of the techniques, customs, teachings and trainings from Native American Peacemaking and Alternative Dispute Resolution (ADR). More information will be posted on the Little River Band of Ottawa Indians, Tribal Website, [http://www.lrboi-nsn.gov](http://www.lrboi-nsn.gov) Save These Days: June 4, 5, and 6, 2013 and plan to attend.

Here are some statements some of the participants had to say about the conference last year:

“I want to thank you once again for your insight and effort in putting together the Peacemaking Conference. James Botsford Director, Indian Law Office Wisconsin Judicare, Inc.”

“Thanks again for inviting me to be a presenter at the Peacemaking Conference. It was a great conference and a great time of learning for both my wife and me.” Barry Lee Burnside, Program Coordinator Dispute Resolution Services of Gryphon Place.

“My name is Stan Webster, turtle clan, Oneida Tribe of Indians in Wisconsin. I have served on our judicial system as judge, appellate court judge and peacemaking since 1991. My current position is Deputy Chief Judicial Officer, Oneida Appeals. Attended your peacemaking conference and am most impressed that the peacemaking conference was sponsored by the Little River Band of Ottawa without federal dollars. Dispute resolution is and always has been one part of internal sovereignty. Just hosting a peacemaking conference makes a statement about internal sovereignty of the Little River Band of Ottawa.” Judge Stan Webster, from the Oneida Tribe in Wisconsin

Government Closes for the following Holidays

- New Years Day
- Treaty Recognition Day
- Memorial Day
- Independence Day
- Labor Day
- Reaffirmation Day (Sept. 21st)
- Veteran’s Day
- Thanksgiving Day
- Friday after Thanksgiving Day
- Christmas Eve Day (Half Day)
- Christmas Day

Just use the toll-free number of 888.723.8288. Some areas of the government will be continue to be available on these holidays, such as Public Safety. Currents will inform you of any scheduled closings of the Government facilities. It’s always a good idea to call first.

For Rent

The Little River Housing Department is anticipating the construction completion of 7 new two bedroom fair market rental units at Aki maadiziwin in Manistee, MI this summer.

Home Sweet Home

Indian Preference Business

Are you a business owner that owns 51 percent of your business? Are you a member of a Federal Recognized Indian Tribe? If so, your business may qualify for Indian Preference. To get registered with the Little River Band, please contact Michelle Lucas at 888.723.8288.

Commissions and Committees

If you are interested in serving on any of the following committees or commissions, please submit a letter of interest to the Ogema’s office indicating which committee/commission you are interested in. Commerce Commission, Gambling Commission, Housing Commission, Binjoeuk Commission, Enrollment Commission, Health Commission, Natural Resource Commission.
Cancer Screening

Contact: Noel Pingatore
Inter-Tribal Council of Michigan
906-632-6896 ext 107

According to the Indian Health Services, Cancer is the second leading cause of death among tribal populations. If you are reading this article, it’s likely that you know someone who has been affected by cancer.

While there are several things we can do to help reduce our odds of getting cancer, it is very important to follow your tribal clinics screening guidelines in order to find cancer early when it’s easier to treat. The American Cancer Society and the Walmart Foundation share this information with you so that you can reduce your risk for Breast and Colon cancers.

Things to reduce your risk for cancer include:

* Quit Smoking
* Eating lots of fruits and vegetables
* Exercise regularly
* Maintain a Healthy Weight
* Follow recommended screening guidelines

For Breast Cancer,
The American Cancer Society recommends:

* Yearly Mammograms for Women beginning at age 40
* Clinical breast exam (CBE) about every 3 years for women in their 20s and 30s and every year for women 40 and over
* Self Breast Exams starting at age 20
* Talk with your doctor about your family and personal health history and whether you should have additional tests at an earlier age.

For Colon Cancer,
the American Cancer Society recommends:

* Colonoscopy every 10 years beginning at age 50
* Yearly Fecal Occult Blood Tests (FOBT)
* The American Cancer Society recommends that some people be screened using a different schedule because of their personal history or family history. Talk with your doctor about your history and what colorectal cancer screening schedule is best for you.

For more information, contact your local tribal health clinic or the American Cancer Society at 1-800-227-2345

EPA Promotes Asthma Awareness Month

PHILADELPHIA (May 2, 2013) - May is Asthma Awareness Month and the U.S. Environmental Protection Agency mid-Atlantic region is joining other public and private agencies in the state in observing May 7th as World Asthma Day by raising awareness to this growing epidemic.

Asthma is a chronic lung disease that affects approximately seven million children aged 0-17 in the U.S. The exact cause of asthma is unknown and there is no current cure, but asthma can be controlled and managed. Currently asthma disproportionately affects minority children and families from lower social-economic status. The disparities of the disease among race and ethnicity may be related to social determinates, lack of access to health care and exposure to environmental triggers.

EPA provides guidance and resources to reduce indoor air triggers such as dust mites, mold, pets, pet dander, and secondhand smoke in homes and schools. As part of Asthma Awareness Month, EPA recommends these top five steps people can take to help prevent asthma attacks:

• Take it outside. One of the most common asthma triggers in the home is second hand smoke. Until they can quit, people should smoke outside, not in their home or car.

• Play it safe. Ground-level Ozone and particle pollution can cause asthma attacks. People should check the Air Quality Index during the summer to view reports of unhealthy levels.

• Take care. Dust mites are also triggers for asthma. For dust mite control, cover mattresses and pillows with allergen proof covers and wash sheets and blankets once a week in hot water.

• Be aware of your pets. Household pets can also trigger asthma. People should keep pets out of the bedroom and off furniture.

• Break the mold. Mold is another asthma trigger. The key to controlling mold is controlling moisture. People should wash and dry hard surfaces to prevent and remove mold and should replace moldy ceiling tiles and carpet.

For additional information, including statistics about asthma in your state, visit EPA’s website at http://www.epa.gov/reg3artd/asthma/asthma.htm and for additional resources and publications visit http://www.epa.gov/asthma/publications.html.

Commodities

Food Distribution Program (FDPIR) was created by congress in 1977 Food Stamp Act as an alternative to the Food Stamp Program for Indian Reservations. The program offers commodity to low income Native American households. No household may participate in both the Commodity Food Program and Snap Program, but eligible households can switch from one program to the other at the end of each month. Eligibility and participation for FDPIR are based on application and certification requiring tribal status, income and resources qualification, in determining who is eligible for the program. We are federally funded by the USDA and they set the regulations and guidelines for the Commodity Program.

USDA Income Food Distribution Program on Indian Reservations Monthly Income Standards October 1, 2012 - October 1, 2013

<table>
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<tr>
<th>Household Size</th>
<th>Income Limits</th>
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<tr>
<td>1.</td>
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<td>3.</td>
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<td>8.</td>
<td>$3,455.00</td>
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</table>

For each additional member add $330.00

Commodity Department serves 13 counties: Benzie, Grand Traverse, Lake Leelanau, Manistee, Mason, Mecosta, Muskegon, Newaygo, Oceana, Osceola, Ottawa, Wexford

Office hours are 8:00 A.M – 5:00 P.M
Lunch hour is 12:00 - 1:00

Yvonne Theodore, Laurie Jackson
1-888-723-8288
ask for Commodity Program
Office #231-398-6716
231-398-6715

Another reason to love the commodity department

FDPIR client survey question
How does the commodity food help your household?

With only one person currently employed we don’t have a lot of money to spend on grocery shopping. In fact we manage to scrape by with basic living expenses. This commodity program is a huge help and keeps all four of us from having to worry about choosing between electricity and food.
Two LRCR leaders recognized by Michigan Health Officials for their Public Health Contributions

LANSING – The week of April 14-20, the Michigan Department of Community Health (MDCH) and its partners in local public health celebrated Michigan Public Health Week, “Public Health is ROI: Saves Lives, Saves Money.” In recognition of this important health observance, MDCH and its partners named Lynn Saunders and Charmaine Stone as 2013 Michigan Hometown Health Hero/Michigan Health Policy Champions.

Lynn and Charmaine, both senior administration leaders at the Little River Casino Resort were nominated by Manistee County Commissioner Karl Waitner, Jr. who is also an employee at the resort. Karl said that, “Neither one of them do this as a portion of their job responsibilities…they do this because they have chosen to live this lifestyle and have chosen to share it with our employees. They make in information; they make it fun and they really help people want to be healthier.”

Lynn Saunders is the Director of Human Resources at the resort and Charmaine Stone is the Director of Hotel Management. They formed a health and wellness committee, introduced healthier choices to workplace vending machines, hosted a healthy recipe contest and brought a wellness expo to the casino’s nearly 1,000 employees. (See the attached photos for the Health Fair).

Lynn and Charmaine are also part of a running team that is competing in various running events around the area, helping to promote the healthy lifestyle and how each of us have to make the decision to be healthy.

MDCH and its partners held its annual Public Health Week celebration to honor those committed to showing other Michigan residents the fun, easy and small steps they can take to make prevention a part of their lives. Each year, Michigan Health Policy Champions include individuals and organizations who have been “champions” for public health in the public policy arena in their communities and the state of Michigan. Michigan’s annual Hometown Health Hero Award recognizes the accomplishments of individuals and organizations that have gone above and beyond their normal duties to make a positive impact on the health of their local communities. Other ‘champions’ include the following:

**Michigan’s 2013 Health Policy Champions**
- Jean C. Chabut with the Michigan Department of Community Health, retired
- Clare-Gladwin Health Improvement Group
- James Phillips, MD with the Branch Hillsdale-St. Joseph Community Health Agency, retired

**Michigan’s 2013 Hometown Health Heroes**
- Dr. Colleen Allen with the Autism Alliance of Michigan
- Kathy Campbell with KidzKare, Inc.
- Kimberly Anne Gillary Foundation
- KAYLA Foundation
- Wes Leonard Heart Team
- Jim McGibbon from Southeast Michigan

The Michigan Association for Local Public Health, the Michigan Public Health Association, Michigan Association of Counties, Michigan State University, the University of Michigan School of Public Health, and Wayne State University have partnered with MDCH to implement Michigan’s Public Health Week activities.

Emergency Exercise in Region 7

What if…?

What if there was a real life Pandemic Flu outbreak that was making people sick and taking lives? What if vaccines weren’t available quickly and there were several hundred deaths in your county? How would local governments handle the situation and do the best they possibly could to protect your lives and keep your community together?

This was the scenario from April 23rd through the 25th as Region 7 of Michigan States’ Emergency Response apparatus held a very realistic exercise involving 18 counties and three tribal nations; the Little River Band of Ottawa Indians, Little Traverse Bay Band and the Grand Traverse Band.

The Emergency Operations Center for the County opened at 8 a.m. and the scenario started an hour later after representatives from the various law enforcement departments, fire departments, EMT’s, health care providers and other community agencies gathered. From LRBOI, Sgt. Vance Bates represented the Tribal Public Safety Department and Glenn Zaring from Public Affairs worked with the Public Information Office for the county.

This exercise provided a very realistic opportunity for the agencies that would have to respond if this had been a real emergency. Another part of the response involved setting up contact systems with health providers, such as the Tribal Health Clinic to provide licensed medical personnel. The County Emergency Manager, Lt. Ken Falk said, “...If something like this does happen, all parts of our communities will have work together to survive.”

Over the last few years, the tribal government and the Little River Casino Resort have become more fully integrated with the state and counties’ Emergency Management organizations. The resort is a Red Cross Evacuation Shelter and numerous government employees hold positions with groups or committees such as TERT, CERT and the Local Planning Team. This effort was begun in 2005 and it has been a slow process, but progress has been made.
Members Submissions

You can send your Member Submissions to currentscomments@lrboi.com

Happy Birthday
Tribal Elders!

Jean A. Aber
Carolyn Marie Ashby
Gerald Ronald 8attice
Lorraine Marie Ceplina
June Arlene Dart
Stephanie Elizabeth Dysard
Charles Henry Furman
Shirley Mae Holman
Barbara Jean Miller-Bressette
Marvin Joseph Nadiger
Linley Charles Peterson
Erland Alfred Riihimaki
Martha Joan Rohrmoser
Dorothy Maxine Rozell
Leroy Savinius Smith
Henry Francis Theodore
Roger Irwin Van Brocklin
Charlotte Mary Vega
Norma Wellman
Darlene Sharon Wilson

Elder Wallace Robinson walks on
April 16, 1940-March 1, 2013.

Wallace Franklin Robinson, 72, of Springport, died Friday, March 1, 2013. Wally was born April 16, 1940, in Hart, MI, the son of Mansford and Betty (Robinson) McNew. He served in the U.S. Army before settling into family life in Muskegon. He later moved to Ypsilanti, before finally settling in Charlotte with his wife Alice.

Wally loved to race stock cars and build and rebuild cars for the demolition derby. He worked as a mechanic for Ryder Truck Rental in Charlotte and was always willing to help others. He was also a member of the Little River Band of Ottawa Indians. Wally is survived by his wife of 42 years, Alice; 7 children, Tammy (Bruce) Lloyd, Valerie (Terry Lloyd) McDonnell, Rhonda (Tim Miller) Robinson, Kelly (Robert Meier) Robinson-Davis, Victoria (David) Jordan, Wallace Robinson and Cora (Kevin) Smith; many grandchildren and great-grandchildren; sister Phyllis (Jim) Easter; many nieces and nephews; and his beloved dog Kayla. He is predeceased by 3 sisters and 2 brothers. A traditional Ottawa Ceremony was held at 2:00 pm, Friday, March 8, 2013 at Pray Funeral Home in Charlotte with the Director of Native Ministry Debra Gutowski officiating. Memorial Contributions may be made to the Eaton County Humane Society or the American Cancer Society. Online condolences may be sent to the family at www.prayfuneral.com.

MEDACCO REUNION
SUNDAY JULY 28 2013
SET UP @2:00
GAMES @2:30
SERVING FOOD @5:00
CLEAN UP 6:30
Rick 231-206-5137
Rdmedacco@yahoo.com

Birth Announcement
for Avah Grace Eidson

Avah Grace Eidson
Burlington Hospital - WI
6 lbs 10 oz
20 in Long
April 1, 2013

Avah's great, great, great Grandfather's birthday. He (George Petts) married Christine Petts (deceased tribal elder) Avah's great, great Grandmother Celia Kohl is a tribal elder from West Allise, Wisconsin. Her daughter and great Grandmother Geraldine Howen and proud great Grandfather Thomas are from Round Lake Beach, IL. She is also a tribal elder.

Our Indian Princess 5th Generation

To My Darlings
Hannah & Mathew!
Love,
Mommy Eagle
Little River Band of Ottawa Indians
18th Annual Jiingtamok

July 6 & 7, 2013
Tribal Gathering Grounds
Manistee, Michigan
(Across from the Little River Casino Resort and behind the Trading Post gas station, at the corner of US-31 & M-22)

Grand Entries:
Saturday 1 pm & 7 pm
Sunday 1 pm

Drums & Head Staff are TBA

Featuring:
Native American Craft Vendors
Native American Food Vendors
Miss Little River Princess Contest
Exhibition Dancing & Specials

Camping available for Jiingtamok participants on a first come first serve basis

Absolutely no firearms, alcohol, drugs, politics NO pets allowed except for service animals

For information, please call 1-888-723-8288 or visit: www lrboi nsn gov
Sponsored by the Little River Band of Ottawa Indians
Tribal Historic Preservation Department

Annual Wellness Walk ~ July 6, 2013
Little River Casino Three Fires Conference Area
For more information please call 231-723-8288
ATTENTION ARTISTS

The Natural Resources Conservation Service (NRCS) is honored to announce that Michigan has been selected to create and distribute the agency's national 2013 American Indian/Alaska Native Heritage Month Poster. Distributing a poster, with original artwork created by an American Indian Artist, is one of the ways that NRCS celebrates American Indian Heritage Month. Michigan American Indian artists are invited to create an original painting that provides the artist's interpretation of American Indian Culture and Heritage, keeping in mind the following theme that we selected to inspire this year's artwork:

Land of the Great Water-Sustainer of Life.

Rules for the competition are as follows:
~ All American Indian artists in Michigan are invited to submit their artwork.
~ Only one painting will be selected for the 2013 Heritage Month Poster.
~ NRCS will purchase the artwork for the 2013 Heritage Month Poster from the artist at the rate of $2,000. NRCS has the right to reproduce and distribute copies of the artwork at its discretion. NRCS and the selected artist will sign a contractual agreement to set forth the terms of the procurement and rights of the two parties.
~ The artwork is to be original, size 18" x 24", in acrylic or oil on canvas.
~ A written narrative and name of the piece is to be included with each entry
~ The deadline for submitting the artwork to NRCS is Monday, June 21, 2013. The artwork should be submitted to the following location by the deadline:

Natural Resources Conservation Service
Michigan State Office
3001 Coolidge Road, Suite 250
East Lansing, Michigan 48823

NOTE: NRCS has offices located through Michigan. If sending or transporting your artwork to East Lansing is a burden, please contact Sandy Penn, at 517-324-5261 or sandy.penn@mi.usda.gov no later than May 17, 2013, to make arrangements to use the NRCS staffing network to assist in the transport of your artwork.

~ The artwork will be judged on: 1) Creativity and originality 2) The realistic portrayal of something related to the heritage of American Indians in Michigan 3) The interesting depiction of an aspect of American Indian culture in Michigan 4) The essence of the poster competition theme in the artwork and 5) Craftsmanship and skill.

If you have questions about this competition, please contact Sandy Penn at the number above.