



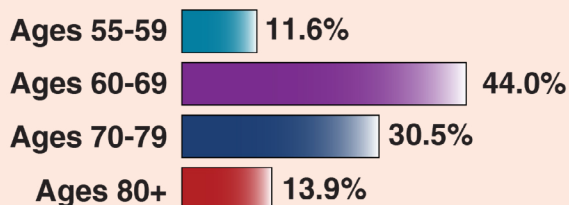
National Resource Center
on Native American Aging

NRCNAA

Frailty and Physical Functioning Among Native Elders

Cycle VIII Needs Assessment

Age



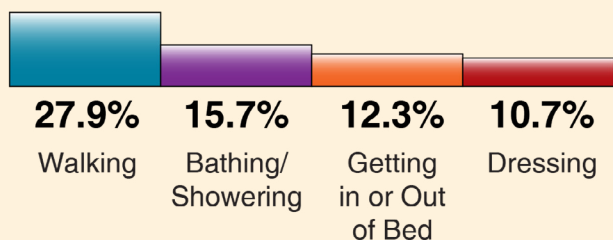
Falls

52.6% of Elders had one or more falls.

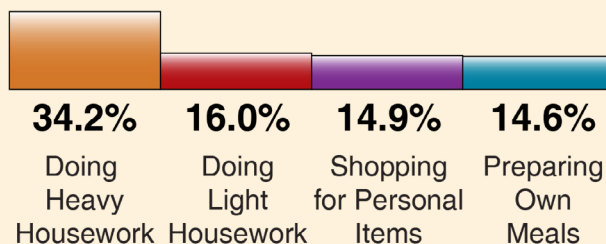
33.3% reported that they had injured themselves seriously enough to need medical treatment in at least one of their falls.

Difficulties With:

Activities of Daily Living



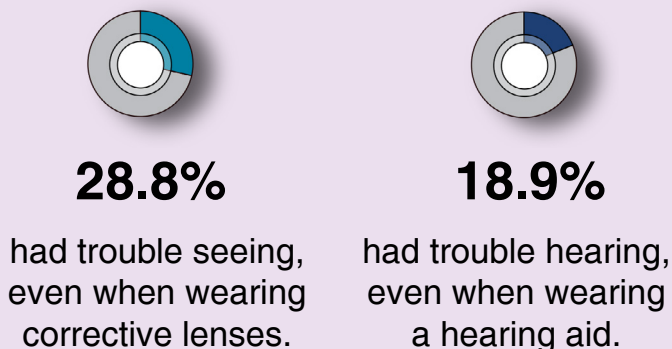
Instrumental Activities of Daily Living



Most Commonly Reported Exercises



Vision and Hearing



Special Equipment

31.0% of Elders reported having a health problem that required an assistive device such as a cane, wheelchair, special bed, or special phone.

Disability

29.0% of Elders reported being disabled. Among them, 36.4% were disabled due to a chronic disease; 28.8% due to accident/injury; 7.3% military service; and 4.4% congenital.