Raising Awareness

Community members hold suicide prevention walk

BY ASHLYN KORIENEK
MANISTEE NEWS ADVOCATE
STAFF WRITER

MANISTEE — Although suicide and mental health is often difficult to talk about, one conversation could be life-saving for someone silently suffering from suicidal thoughts.

In light of National Suicide Prevention Awareness Month in September, a walk was held on Tuesday in Manistee to spread the message about the importance of suicide prevention.

The walk was sponsored by BeDaBin Behavioral Health of The Little River Band of Ottawa Indians, Manistee County Suicide Awareness and Prevention Coalition (SAPC) and Centra Wellness Network.

Suicide has been on the rise for years in the United States, however education and prevention around the subject often is left unspoken.

According to the Manistee SAPC, suicide is the 10th leading cause of death in the U.S. In addition, nearly 90 percent of suicide victims have a potentially treatable mental health condition, such as depression or anxiety.

“So many people don’t know about it or they do not want to talk about it,” said Dottie Batchelder, chemical dependency counselor with BeDaBin. “People think if they talk about it, it will cause somebody to (commit suicide). In reality, the more people talk about it, the greater the risk will decrease because it let’s them know they can talk to someone.”

Walk participants met at Veteran’s Memorial Park on Memorial Drive in Manistee, and marched to the Armory Youth Project on First Street with signs that stated, “there is hope” and “suicide is preventable.”

Following the walk, attendees gathered at the Armory Youth for a speech from Michael Payne of Muskegon County’s Suicide Prevention Coalition.

In the past, the walk was held on World Suicide Prevention Day on Sept. 10. This year, Batchelder said the event was held before school starts to send a message to youth about the subject’s importance.

“We wanted to do it earlier this year, so we can get youth involved,” she said. “We are trying to pull in people with the Armory Youth Project. We coordinated the walk with them.”

When it comes to mental health and suicide prevention, the warning signs and resources to help victims are often difficult to identify. The Manistee County SAPC aims to clarify those questions.

After the walk, Batchelder said the coalition hopes others join the mission to spread awareness on the subject.

“We want people to know that suicide is preventable,” Batchelder said. “There is hope and help for people.”

When a person is showing warning signs of suicide, Batchelder said directly asking the question “are you feeling suicidal” can be the first step to help.

“They need to ask the question, because a lot of times if they don’t ask directly they may not get the hint,” she said. “If someone is suicidal and they have a means of completing this, they need to be taken to the emergency room. Sometimes we have had to call the police to do a wellness check.”

These signs could mean someone is at risk of suicide, according to the National Alliance on Mental Illness:

- Threats or comments about committing suicide, which can begin with small comments like “I don’t want to be alive” and become more overt;

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October Birthdays! Happy Birthday!
Sandra Alford
Maurice Shalifoe
Gary Andres
Tony Steele
Rick Andres
Linda Thiel
William Bean
Edward Tyler
Jerry Bellmore
Gary Tyler
Emil Boucher
Veronica Burrows
Mary Bush
Steven Compeau
Marsha Compeau
Susan Davis
Amos Day
Mary Drake
Eleanore Flowers
Carol Gibner
Albert Hardenburgh
Joyce Harrington
Teresa Johnson
Nancy Kiojima
Mary Korthorn
Madeleine Kunnen
Ethelynne Kunnen
Robert Lamorandier
Rosalynn LeClair
Marie Leyton
Diane Lonn
Tonja Martin
Mary Mc Cowin
Suzanne Moby
Darla Morgan
Donna Ostergaard
Joann Pannill
Paul Pego
Russell Peters
Sally Peters
Leo Petts
Frances Pitts
Bonny Prentice
Sharon Reed
Lance Russ
James Russ
Wanda Sather
Edward Shalifoe
Increased alcohol and drug use;
Writing or talking about death; Showing signs of rage or talking about seeking revenge;
Impulsive or reckless behavior;
Dramatic mood swings; and
Planning by searching to buy, steal or borrow the tools needed to commit suicide.

The National Alliance on Mental Illness states a person could show at least one to two warning signs, or more, when considering suicide. Warning signs can be overt or subtle, and are not limited to the items listed. To reach out to a professional, Batchelder said those in suicidal crisis should call the National Suicide Prevention Lifeline at (800) 273-TALK, or immediately contact 911. To learn more about the Manistee County Suicide Awareness and Prevention Coalition, email ManisteeCountySAPC@gmail.com.

Attendees get ready to march for the National Suicide Prevention Awareness Month walk on Tuesday. (Ashlyn Korienek/News Advocate)
Meeting Unique Childcare Needs

Next Generation Learning Center gives parents different options

By KEN GRABOWSKI
MANISTEE NEWS ADVOCATE
ASSOCIATE EDITOR

MANISTEE — The reality of today’s world is many people no longer work an 8 a.m. to 5 p.m. job on a Monday through Friday basis.

Today’s workers are often called upon to work evenings and weekends which sometimes puts a strain on finding safe, adequate places to leave their young children when they work those unusual hour shifts. It is something that is even more problematic for single parents who work those shifts.

When the Next Generation Learning Center, that is located at the Little River Casino & Resort, opened in late April it opened a new chapter for early childhood care and education for Manistee County.

“We have been open almost four months and in that time we have been averaging about 118 children as we are still open seven days a week from 5:30 a.m. to midnight,” said Next Generation Learning Center director Holly Karlsen. “The new center provides licensed early childhood education and daycare opportunities for children from 0 to 12 years of age.”

Little River Band of Ottawa Indians family services director Jason Cross said they have tried to remain flexible in their hours to meet the needs of those people working the unusual shifts. He stressed that the center is open to everyone in the area.

“About 75 percent of the children are part-time and about 25 percent are full-time,” said Cross. “We grow every month and Holly gets calls every day for new students, so it is a matter of squeezing them in when we have the openings.”

Karlsen said they have experienced an amazing response from the community in filling a void where there was a need, and that is especially true in those off hours and weekends.

“I feel like every day people are calling, because it is really starting to build about our philosophy and our natural approaches and back to the basics in nature teaching is something this community seems to be really interested in,” said Karlsen. “We even have playgroups here every week, so we have really connected even with those families in what we offer in the center.”

Karlsen said the stories they hear are what they were focusing on with a 5:30 a.m. to midnight time frame for the center.

“We have heard from five different families in four months where parents were able to take full-time employment because we are open, and we also heard quite a few that have been able to enroll in Michigan’s Child Development and Care (CDC) subsidy program (to cover costs for child care), so they can go back for that full-time employment as well.”

Karlsen said they were able to acquire 16 Great Start Readiness slots for preschool programs to give those children the opportunity to attend their center based under that program.

“We also have a 3 and 4-year-old tuition program, and a lot of our school age kids will go to elementary school when that begins in September,” said Karlsen. “However, many will come here before and after school and on snow days, school vacations and professional development days.”

Karlsen said educating the public that they are open in the evenings and weekends is something they are still working on.

“I don’t know if some people may not have been aware that we open on weekends, but our Saturdays have really begun to pick up,” she said. “I feel like we are gaining momentum in many of those areas.”

Cross said the need to open another classroom for infants, shows a lot of people are learning about the unique things they have to offer. However, both he and Karlsen have been amazed at where some

We have heard from five different families in four months where parents were able to take full-time employment because we are open

of the children are coming to the center for preschool and daycare services.

“We have students from Manistee, Benzie, Wexford and a few families from the Interlochen area, so we are pulling from quite a few areas,” said Karlsen. “I never figured we would draw from that big of an area, as I figured we would get some from Benzie, but never Grand Traverse County and Wexford, but I assume they work here,” said Cross. “I know Benzie is struggling for childcare and a lot of people from Mason County work here, so I figured we would get that area.”

Cross said what they do at the Next Generation Learning Center is different from most traditional preschool and daycare type of facilities and that uniqueness appeals to some parents with special needs for their children in those areas.

Karlsen said a good example is the way they work with parents and their work schedules.

“Parents turn in their schedules a week in advance and teachers are scheduled around the needs of families,” she said. “That is something that is really unheard of, and that has been a huge response. We know that family members don’t always have the same days off or need care during the same hours, so that gives them flexibility to turn in their schedule and we schedule around them instead of them trying to fit in to our schedule.”

Top: Children at the Next Generation Learning Center look at small plants in their classroom to understand how plants grow. The center offers unique hours; it is open in the evening and on weekends to accommodate parents’ unusual work schedules. (Ken Grabowski/News Advocate)

Bottom: Toddlers and small children get the opportunity to play in their special area during the evening giving their parents an opportunity to work at their job. (Ken Grabowski/News Advocate)
What they also say is state-of-the-art is parents electronically sign in to a website when their child is brought to the center, so there is a record of how long they are there, what feedings take place, diaper changes and much more. It gives both the center and the parents a full record of what transpires when their child is in attendance.

“That gives parents the opportunity to sign in online when they are at work and gain access to that information,” said Cross. “Every parent has their own code that they must punch in to get access to that information.”

Karlsen said it can be a little challenging, but that it is getting better and they are happy to do it.

Cross said they are always looking for partners in the center. He said their collaboration with Northwest Michigan Health Services for dental care is a good example as that program is going well. They have a dental clinic right in the building if parents want that option.

“Right now MSU Extension is looking at doing their Cooking Matters class here for kids,” said Cross. “We are always trying to bring in new people to do things with the kids.”

Karlsen said presenters are regular visitors to provide educational programs for the children to learn.

“We had the Coast Guard here, the Natural Resources Department, bucket drumming, tribal member Kenny Pheasant does language classes and much more,” said Karlsen. “We have play groups starting again in the fall the second Friday of every month. There is a lot of people who have come together here to benefit children.”

Karlsen said if people have any questions on their programs, they should contact them at (231) 398-2255 for more details.

Native American artist awarded a three-week residency

Submitted by Sherrie McCabe, AIRP Director

Friends of Porcupine Mountains Wilderness State Park will soon host Native American artist Shirley M. Brauker to the Upper Peninsula of Michigan where she will live in the park’s rustic Dan’s Cabin while absorbing the park for interpretation and inspiration.

Porcupine Mountains Wilderness State Park (affectionately called the Porokies) is located in Ontonagon County. It is made up of 25 miles of wave-washed shores, four inland lakes, entire river systems, countless waterfalls, enchanting wooded peaks, and an escarpment that rises slowly from the edge of Lake Superior until it plummets abruptly into the Carp River valley. Still, the most impressive feature of the park, and the reason for its creation, is the virgin forest of eastern hemlock and northern hardwoods and the variety of flora and fauna that it supports. Because of these attributes, the park is an ideal location to inspire creativity.

Shirley comes to the park from Coldwater, Michigan, an area known historically as the land of the Potawatomies. She celebrates nature and her culture through her art as a painter and ceramist. In her application, she wrote "I have been an artist for as long as I can remember, first drawing and painting, then on to clay and bronze work. I use personal experiences and my Native American culture to draw my ideas from. I carve stories into the pots to create images. Each pot is like a blank canvas. I try to express ideas about my heritage on the surface. I combine the artwork and legends of the past with contemporary materials of the present, keeping the "story-telling traditions" alive. Using art is my way of passing on a rich culture to new generations."

She received an Associate Degree from Mid-Michigan Community College, a Bachelor of Fine Arts and a Master of Arts Degrees from Central Michigan University and attended the Institute of American Indian Arts in Santa Fe, New Mexico. In 2015 she was awarded an honorary Doctor of Philosophy degree from Central Michigan University after delivering the graduation ceremony commencement address.

Some of the awards Shirley has received include the First Peoples Fund Artist-in-Business Leadership Fellowship, a Lifetime Achievement Award and the Giving Back Teaching Award from the Ziibiwing Cultural Center, Native Authors Recognition for four books and being "One of the Top One Hundred Students to ever attend CMU in the past 100 Years."

Collections of her works are at the Smithsonian Institute in Washington, D.C., Disney World in Orlando, Florida, the U.S. Embassy: Institute of American Indian Arts in Santa Fe, New Mexico, Honda Corporation and the Sugar Diabetes Foundation-Little River Band of Ottawa Indians, Manistee, Michigan.

"I have taught numerous seminars throughout the country to thousands of participants, young and old. If everyone involved understands even one small idea and awareness about America’s First People, then I have done my job." Stephanie Jackson, her apprentice, will accompany Shirley. They received the “Mentor/Apprentice” Award from the Ziibiwing Center in Mt. Pleasant, Michigan.

To see samples of Shirley’s work please visit www.moonbearpottery.com
Once, chi mewinzha (a long while ago),
the Anishinaabek lost some of them. They
had lost their mnaadendimowin (respect) for
Aki (Earth), and the Wesiinhak (animals)
and plants. They didn’t hold manisokewinan
(ceremonies) before the deer hunt and make
offerings. When they took a deer’s life, no
apology or honoring was given: gaawiin
giibiigitinaasiin sema (no tobacco was put
down). The gewese nininwok (hunters)
were convinced the firearms made hunting
almost too easy. Overkill became common.
Wawashkeshak provided wiiyaas (meat),
pshwegin (leather), sinew and several other
items. They felt the disrespect keenly. After a
council with the other Wesiinhak, amik(Bea-
ver), waabo (rabbit), wzhashk (muskrat),
and makwa (bear), it was decided to with-
draw further and have no contact with the
Anishinaabek. Mahiingan (wolf) even said
the Anishinaabek have forsaken our teaching
them how to hunt. Wawashkeshak moved off
and hid; others followed. The Anishinaabek
could not find them. Without wawasheshak
wiiyaas, peboon (winter) was hard. The next
year was worse, and so on.
Finally, the Anishinaabek asked for
help. Nanaboozho (first man) spoke with
Wawashkeshak and returned to explain,
scornfully the insult and disrespect. The
Anishinaabek said they would apologize and
show proper mnaadendimowin (respect) for
the sacrifices of others, limiting their take to
need.
The Wawashkeshak returned. But, if the
Anishinaabek don’t remember their promise,
Wawashkeshak may vanish, never to return.

Disrespect shown to Wawashkeshak (Deer)

Kid’s Activities
Kid’s Activities

Dots and Boxes
The object of the game is to make more small squares than your opponent. To play, just draw a line from one dot to another. Alternate turns. If you complete a square, put your initial in the square, and you get another turn. The one with the most squares at the end is the winner.
LRBOI Phone Survey

Hello, this letter is to give you information about a survey that is taking place among Michigan Native Americans. The Little River Band of Ottawa Indians Tribe is in the process of conducting a personalized survey called the Behavioral Risk Factor Surveillance System (BRFSS) as part of the 2017 Native American BRFSS Project. In the past, Native Americans, have been underrepresented in such surveys; this survey will give the Little River Band of Ottawa Indians Tribe a more accurate and fair representation.

This survey is sponsored by the Michigan Department of Health and Human Services Health Disparity Reduction and Minority Health and will be conducted by Michigan State University. The Inter-Tribal Council of Michigan will coordinate the project and the Great Lakes Inter-Tribal Council will analyze and return the data to the Tribe. This will be a team effort and we hope that you will also help by agreeing to participate if you are called. BRFSS stands for Behavioral Risk Factor Surveillance System and it is a randomized telephone survey that estimates health characteristics among the adults population, 18 years or older. The objective of the BRFSS is to collect information about preventive health practices and risk behaviors that are linked to chronic diseases and injuries in the adult population. For example, one question over the phone may sound like this: “Have you ever been told by a doctor that you have diabetes?”

The Little River Tribe will work with the Inter-Tribal Council of Michigan to create a list of all adults who may participate in the phone survey. We will destroy all names and phone numbers after the survey is complete and all information from the caller is confidential. The Inter-Tribal Council of Michigan staff will also work with and train the MSU Research Agency interviewers to be culturally appropriate and sensitive over the phone.

The benefits of your participation will be valuable! The data from the BRFSS will be very useful in applying for grants, requesting funds, starting new health programs, and to determine the effectiveness of existing programs. The BRFSS information will give the Tribe a better idea of the community smoking rates, diabetes rates, exercise, and nutrition habits and many other health risk behaviors. The full BRFSS report will be presented to the Ojibwa and Tribal Council through the Tribal Health Department. This survey will also be shared with our community upon its completion.

If you have any questions, please contact the Tribal BRFSS Coordinator, Dottie Batchelder, at 1-231-723-8299, ext. 6741. Miigwetch for your contribution to this exciting project!

Dottie Batchelder,
Tribal BRFSS Coordinator
LRBOI Health Services/Be Da Bin

LRBOI Phone Survey

Expanding Gigiigoo’inaan – Our Fish App

A mobile app to promote healthy fish consumption

Great Lakes fish are important to our tribal communities for cultural and nutritional reasons, but information about the safe consumption of fish can be confusing and contradictory. The Gigiigoo’inaan App (Our Fish App) is designed to help community members to make informed and healthy decisions about eating fish. Little River Band of Ottawa Indians is partnering with the Inter-Tribal Council of Michigan to test the Gigiigoo’inaan App with community members this summer:

- Native adults (18 and older) are eligible to participate in 1-hour focus groups to test the Gigiigoo’inaan App
- Participants will be compensated for their time with a $25 gift card
- Focus groups will be organized by the Little River Band of Ottawa Indians and led by the Inter-Tribal Council of Michigan

Please contact Allison Smart at (231) 398-2196 or asmart@lrboi-nsn.gov for more information and to sign-up.

This project is a collaboration among Inter-Tribal Council of Michigan, Inter-Tribal Fisheries and Assessment Program, and the Medical College of Wisconsin. The principal investigator of this research study is Dr. Matthew Dellinger (mdellinger@mcw.edu).

PRC/EHAP NEWS

So, if you haven’t heard, Contract Health Services (CHS) has changed to Purchased and Referred Care (PRC). The program remains the same, Indian Health Services believes the name fits better with the services we provide. Hopefully the name change has been getting around. It does take some time to get used to for everyone. We do have 2 Patient Benefit Coordinators, Roberta Davis and Teresa Koone, available to assist you with applying for Medicaid and any Marketplace insurance (ACA). Please call the Clinic’s main line and you will be transferred to their office. The main line for Health Services is 231-723-8299 or toll free at 1-888-382-8299.

There have been some staffing changes in PRC/EHAP. Janina Sprague has accepted a position at another Tribe, and Juli Duncil has been with PRC/EHAP since early December. Ronda Koon and Mark Plouhar are still here to assist you full-time, as well as our temporary employee, Connie Eno. The alphabet has been split a bit more with the open position, so please be sure to call the main line so you can be directed to the right person.

We ask that you ALWAYS call the main Health line and NOT direct dial PRC/EHAP staff. If your worker had an emergency and was not in the office, you would not know this and possibly not receive a call back in a timely fashion. So please help us to assist you better by NOT direct dialing your PRC/EHAP staff.

When you receive a scheduled date for your appointments, please call your PRC/EHAP staff right away.

DO NOT wait until 48 hours before the scheduled appointment. This does not leave a very big margin in case something goes wrong or we need additional information. Waiting until the last 48 hours could result in a delay of your approval. Thank you for your assistance getting your appointments logged in a timely manner.

If you call AFTER 4:30 PM, you will receive a call back on the NEXT business day. The PRC/EHAP staff need time to make sure all the prescription authorizations and purchase orders are faxed, and all the appointments are logged before we close at 5:00 PM.

If you have any questions or concerns, please call the main line at 231-723-8299 or toll free at 1-888-382-8299.
Training Opportunities Through LRBOI & Commerce/Workforce Development

It is the goal of the Commerce/Workforce Development Program to work in collaboration with each department of Little River Band of Ottawa Indians to increase the productivity of each employee. We will work with any LRBOI department to determine training needs of an individual or a group through different resources available to us.

Job Readiness Training consists of resume and cover letter preparation, preparing for the interview, how to correctly fill out a job application, job searching strategy, and other training applications designed to prepare the individual for work and job retention. To make an appointment, contact David Hawley, Workforce Development Specialist, at 231-398-6842 or dhawley@lrboi-nsn.gov.

Development & Training:
Various training and services as needed for LRBOI Citizens not limited to the following: preemployment drug testing, pre-employment physicals, purchase of bus passes, procurement of drivers record, job interviewing skills, unmet college/university course fees and miscellaneous fees. The maximum amount per applicant that will be paid on their behalf to third party vendors is $300.00 per calendar year. Access to funding in the Development & Training component is limited to 3 times per tribal member within a 5 year period (up to $300.00 per calendar year which is 365 days from date of last service).

We will coordinate LRBOI program services with outside agency services to allow for the maximum benefit to the Tribal Citizen.

1. Applicant must be an enrolled LRBOI Tribal Citizen and at least 18 years of age.
2. Applicant must be enrolled in the LRBOI Workforce Development Program.
3. Funds will be paid directly to third party vendors on behalf of the Tribal Citizen.
4. Funds will only be released with proper documentation: invoices, bill, estimate, etc.
5. By providing a receipt, Tribal Citizen may be reimbursed for fees paid out-of-pocket.
6. Access to funding is limited to three (3) times within a five (5) year period.

Work Experience and Internships
- Adult Work Experience (18+) 320 hours of short-term employment @ $10.00/hour.
- Youth Work Experience (16-17) 320 hours of short-term employment @ $10.00/hour.
- Internship (college students) 240 hours of short-term employment @ $10.00/hour. Academic requirements and open to descendants.

Lynda.com
Online courses FREE to LRBOI employees. 6,500 courses in business, technology and creative skills including government, design, web development, photography, marketing taught by industry experts. We can “seat” 50 people at a time so if there is a training you may be interested in through Lynda.com, please contact David Hawley in Commerce/Workforce Development. Browse the different online courses available at www.Lynda.com.

Food Distribution

Food Distribution Program (FDPIR) was created by congress in 1977 Food Stamp Act as an alternative to the Food Stamp Program for Indian Reservations. The program offers commodity to low income Native American households. No household may participate in both the Commodity Food Program and Snap Program, but eligible households can switch from one program to the other at the end of each month. Eligibility and participation for FDPIR are based on application and certification requiring tribal status, income and resources qualification, in determining who is eligible for the program. We are federally funded by the USDA and they set the regulations and guidelines for the Commodity Program.

Commodity Department serves 13 counties: Benzie, Grand Traverse, Lake, Leelanau, Manistee, Mason, Mecosta, Muskegon, Newaygo, Oceana, Osceola, Ottawa, Wexford.

Office hours are 8:00 A.M – 5:00 P.M
Lunch hour is 12:00 - 1:00

Yvonne Theodore, Laurie Jackson
1-888-723-8288 ask for Commodity Program
Office 231-398-6716 or 231-398-6715
The Principles of Entrepreneurship class began on August 15, 2017, with eight tribal members participating. The class is a foundational course designed for students who are interested in entrepreneurship and small business management. Students are studying the role entrepreneurs play in a free market society and will enable them to acquire the knowledge and develop the skills needed to effectively organize, develop, create and manage their business. Students are learning how to negotiate, calculate return on investment, perform cost/benefit analysis, and keep track of income and expenses. Student pictured in the first class (left to right) are John Pabami, Brian Gibson, Instructor Matthew Chandler, Roger Shalifoe, John Grocholski, Boo Battice, Tom Shepard, and Charles Fisher. Watch future publications for future class opportunities. Principles of Entrepreneurship is sponsored and supported by LRBOI Commerce/Workforce Development.

**Entrepreneurship – Owning Your Future**

Have you ever dreamed of starting/owning a business but you don’t know where to start? The LRBOI Commerce Department is looking for 6 to 12 adult (18+ y.o.) tribal citizens that will dedicate 6 to 8 hours a week for 15 weeks. The course “Entrepreneurship - Owning Your Future” will cover subjects: Characteristics of an Entrepreneur, Types of Business Ownership, Business Planning, Estimating Sales, Cash Flow, and more. Materials will be provided. All you need to provide is the time, drive, and the passion. If this is a program that interests you, please contact David Hawley, Workforce Development Specialist, at dhawley@lrboi-nsn.gov or phone 231.398.6842.
Council Meeting: August 2, 2017

General Business
1. Acceptance of Tribal Council Minutes for 7/26/17 for Filing
   Motion by Medacco; supported by Friedel

Grants & Contracts
Acting Speaker Lewis noted there is nothing under Grants & Contracts.

Budget Modifications
1. Acceptance of contract funds from the Department of Health and Human Services-Indian Health Services and approving a modification to the Operating Budget MB-2017-__ in the amount of $13,682
   The contract funds are awarded as part of the 2017 Self-Governance Compact.
   Motion by Friedel; supported by Wittenberg.
2. Acceptance of contract funds from the Department of Health and Human Services-Administration for Children and Families and approving a modification to the Operating Budget #4293-2017 CWSS Title IV-B Subpart #1 in the amount of $623
   The Tribe has received additional grant funding for this Program that will go in Client Services.
   Motion by DiPiazza; supported by Lonn.
3. Acceptance of contract funds from the Department of Health and Human Services-Administration for Children and Families and approving a modification to the Operating Budget MB-2017-__ in the amount of $380,061
   The contract funds are awarded as part of the 2017 Self-Governance Compact.
   Motion by Friedel; supported by Lonn.
4. Acceptance of contract funds from the U.S. Department of Interior Bureau of Indian Affairs and approving a modification to the Operating Budget MB-2017-__ in the amount of $204,113
   The contract funds are awarded as part of the 2017 Self-Governance Compact.
   Motion by Friedel; supported by DiPiazza.
5. Acceptance of contract funds from the U.S. Department of Interior Bureau of Indian Affairs and approving a modification to the Operating Budget MB-2017-__ in the amount of $2,500
   Tribal Council must approve the re-allocation of funds within a Program Budget that exceeds 10% of the total original Program Budget.
   Motion by Friedel; supported by Medacco

Approval of Budgeted Expenditures
Acting Speaker Lewis noted there is nothing under Approval of Budgeted Expenditures.

Old Business
• Financial Report – April 2017
• Financial Report – May 2017
• Commerce Commission – May 2017
   Acting Speaker Lewis said these are the reports that are due. Lewis said the Financial Report is accepted for April and May of 2017, the Commerce Commission also for May 2017. Lewis said they are still waiting on reports from the Housing Commission, Natural Resource Commission, Elders Committee and also the Tribal Government Preference Report so possibly if the Liaisons could check into that and see about those reports.

1. Motion to Postpone Authorizing Councilor Lewis to attend the U.S. Chamber Small Business Council Meeting and America’s Small Business Summit in Washington, D.C. from September 9-13, 2017
   The Small Business Summit provides an opportunity for over 900 Small Business Owners, managers, and entrepreneurs from across the country to learn, engage, network and grow.
   Motion by DiPiazza; supported by Lonn.
   Acting Speaker Lewis said they both supported it but Councilor Lonn had said it first. Lewis asked if anybody was going to abstain from this vote. Lewis asked Acting Recorder Di Piazza if she could get a roll call.
   Acting Recorder Di Piazza noted that travel is

Roll Call Voting Key
- ▶ Yes
- ▧ Abstain
- □ No
- ◡ Absent
postponed for a work session.

2. Motion to Postpone Authorizing Councilor Crampton to attend the U.S. Chamber Small Business Council Meeting and America’s Small Business Summit in Washington, D.C. from September 9-13, 2017

The Small Business Summit provides an opportunity for over 900 Small Business Owners, managers, and entrepreneurs from across the country to learn, engage, network and grow.

Motion by Crampton; supported by Medacco

Roll Call

<table>
<thead>
<tr>
<th>J. Riley</th>
<th>J. Friedel</th>
<th>F. Medacco</th>
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<tbody>
<tr>
<td>S. Crampton</td>
<td>G. DiPiazza</td>
<td>R. Pete</td>
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<tr>
<td>R. Wittenberg</td>
<td>D. Lonn</td>
<td>S. Lewis</td>
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Motion Carried (7-0-0-2)

Acting Speaker Lewis asked if anybody was going to abstain. Lewis said to Acting Recorder Di Piazza if they could get a roll call.

Acting Recorder DiPiazza noted Councilor Crampton’s travel has been postponed for a work session.

3. Approve Posting new ordinance called Operation of Recreational Vehicles Ordinance, Ordinance #17-500-04a

The Tribal Council has drafted this new ordinance in many work Sessions upon request of Tribal Members to expand access to Tribal Property and is ready for 30 Day Posting for Public Comment.

Motion by Medacco; supported by Lonn.

Roll Call

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Motion Carried (6-1-0-2)

• Investment Accounts at PNC Institutional Investments

Motion by Medacco; supported by Friedel.

Roll Call

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Motion Carried (7-0-0-2)

• Chemical Bank Accounts

Motion by Medacco; supported by DiPiazza.

Roll Call

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Motion Carried (7-0-0-2)

• Investment Accounts at Wells Fargo Bank

Motion by Medacco; supported by Friedel.

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Motion Carried (7-0-0-2)

Items Moved from Closed to Open Session

Acting Speaker Lewis asked do they have any items that need to be moved from closed to open session. Acting Recorder Di Piazza said yes they do.

1. Motion To Move Resolution #17-0802-267 And 268; Motion And Roll Call Only

Motion by DiPiazza; supported by Medacco.

Roll Call

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Motion Carried (7-0-0-2)

2. Motion To Approve Resolution # 17-0802-267, Approving Contract Between Little River Casino Resort And MS Creative Services For Third Quarter Media Buys;

Motion by Medacco; supported by Friedel.

Roll Call

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Motion Carried (7-0-0-2)
General Business
1. Acceptance of Tribal Council Minutes for 8/2/17 and 8/7/17 for Filing
   Motion by Di Piazza; Supported by Wittenberg

Grants & Contracts
1. Approval of a grant application (Renewal) to the U.S. Department of Agriculture (USDA) under the Food Distribution Program on Indian Reservations (FDPIR) for FY 2017-2018
   This funding will continue the Food Commodity Program through September 30, 2018. There is a Tribal Match for this program. Both the match and the Budget are essentially the same as last year’s (2017) approved submission.
   Motion by Pete; supported by Lonn.

Budget Modifications
1. Acceptance of contract funds from the U.S. Environmental Protection Agency-Air Quality Program and approving a modification to the Operating Budget MB-2017-__ in the amount of $35,245
   The Tribe has received a modification from EPA. Motion by Di Piazza; supported by Lonn.

Council Meeting: August 16, 2017

Roll Call Voting Key
- Yes
- Abstain
- No
- Absent

Approval of Budgeted Expenditures
1. Acceptance Authorizing Membership 2017 Renewal to the National Congress of American Indians Tribal Funds in the amount of $20,000 based on the Tribal Membership Dues Schedule in the NCAI By-Laws requires Tribal Council resolution to be paid.
   Motion by Di Piazza; supported by Lewis.

Acceptance of Reports
Speaker Riley said they have no submissions from the Tribal Ogema at this time.
Acceptance of Commission Reports
• Gaming Commission – July 2017
• Health Commission – July 2017
Speaker Riley said they have...Enrollment had no meeting in July so they don’t have a report for that month. Riley said C and D, the Gaming Commission’s July 2017 Reports those have been received and accepted for the record.

Acceptance of Committee Minutes and Other Entities
• LRCR Preference Report – July 2017
Speaker Riley said they have received and accepted the Preference Report from the Resort for July 2017.

Old Business
• Housing Commission – May 2017
• Housing Commission – June 2017
• Elders Committee Minutes – June 2017
Speaker Riley said they have the Housing Commission from May and June; those have been received and accepted for the record. Riley said he sees Natural Resource Commission is ...... they are waiting on May and June. Councilor Di Piazza said they will be meeting next week. Speaker Riley said okay and thanked Councilor Di Piazza. Riley said Commerce Commission nothing for June of 2017. Riley said they have received the Elders Committee Minutes for June 2017 and they are waiting on the Preference Reports from the Government still.

New Business
1. Authorizing Permanent Adoption of Amendments to the Elected Officials Ethics Ordinance, Ordinance #14-100-10
Tribal Council has reviewed this ordinance and had a final Work Session on July 31, 2017. No comments were submitted but comments taken into consideration from the Work Sessions held on April 24, 2017 and May 16, 2017. Motion by Di Piazza; supported by Lewis.

2. Approving Amendments to Housing Regulations Chapter 3-Occupancy Procedures for Low Income and Tribally Owned Homes
The Housing Commission has requested certain amendments to Chapter 3 of the Housing Regulations. Motion by Pete; supported by Di Piazza.

3. Approval of Donation to the 3rd Annual Pipe Out Paddle Protest in Mackinaw City on September 2, 2017
The Little River Band of Ottawa Indians would like to make a Donation of $1,000 to All Hands On Deck to show their support to Shut Down Line 5 Coalition and protect all the Great Lakes that provides 20% of the World’s Fresh Water. Motion by Di Piazza; supported by Wittenberg.

4. Approving 2017 One-Time Payout to Employees
Tribal Council and Tribal Ogema recognize that the employees working for the Tribal Government are one of the Tribe’s greatest assets and have determined that it is appropriate to make one time payments to employees under the Tribe’s rescinded COLA Policy a way of boosting employee morale as the Compensation Policies are being developed. Motion by Pete; supported by Lonn.

5. Resolution Recognizing the Authority of the Tribal Ogema to Ban Individuals from Tribal Property
Individuals that pose a threat to the safety or well-being of Tribal Members and Employees and this resolution recognizes that authority. Motion by Pete; supported by Lonn.
Council Meeting: August 23, 2017

The Small Business Summit provides an opportunity for over 900 Small Business Owners, managers, and entrepreneurs from across the country to learn, engage, network and grow. Motion by Medacco; supported by Friedel.

Grants & Contracts
Speaker Riley noted they have nothing under Grants & Contracts.

Budget Modifications
1. Acceptance of contract funds from the U.S. Department of the Interior-Bureau of Indian Affairs and approving a modification to the Operating Budget MB-2017 in the amount of $20,000.
   The contract funds are awarded as part of the 2017 Self-Governance Compact.
   Motion by Medacco; supported by Lewis.

Approval of Budgeted Expenditures
1. Approval for Councilors Lonn and Di Piazza to attend the Tribal Climate Workshop on October 9-11, 2017.
   The workshop is sponsored by ITCMI, GLISA and the Bay Mills Indian Community that is being held at the Community College.
   Motion by Pete; supported by Friedel.

2. Authorizing Councilor Lewis to attend the U.S. Chamber Small Business Council Meeting and America’s Small Business Summit in Washington, D.C. from September 9-13, 2017

   Motion by Pete; supported by Lonn.

Approval of Donation of $500 to the Michigan Chamber Small Business Council Meeting and NCAI on September 9-15.
3. Authorizing Councilor Crampton to attend the U.S. Chamber Small Business Council Meeting and America’s Small Business Summit in Washington, D.C. from September 9-13, 2017
   The Small Business Summit provides an opportunity for over 900 Small Business Owners, managers, and entrepreneurs from across the country to learn, engage, network and grow.
   Motion by Medacco; supported by Pete.

Recorded Lewis said okay the motion has passed for Councilor Lewis to attend Small Business Council Meeting and NCAI on September 9-15.

New Business

Old Business
- Operations Report – June 2017
- Financial Report – June 2017
- Binojeuk Commission – July 2017
- Housing Commission – July 2017

Speaker Riley said they just added the Operations Report for June 2017 also they got the Financial Report for June 2017, Binojeuk Commission for July, and Housing Commission for July and just for the record those have been received and accepted by Tribal Council. Riley said onto New Business ..... Councilor Pete interrupted ..... apologized and asked if he could make a comment.

Speaker Riley said yes, absolutely.
Councilor Pete said he just ...... he sees this every week and he knows he sees the Resort’s come across on a pretty timely basis. Pete said he is not trying to throw anybody under the bus but he would just like to know as a question he sees that the LRBOI Tribal Government Preference Reports from April-July of 2017 and May-December 2016. Pete said he doesn’t know if that is right or not but is there ...... he knows they got a new HR person and knows they got to get their feet wet and everything else that takes a little bit. Pete asked if there is any time on the horizon where they are going to get these reports or don’t they know. Pete apologized and said Ogema Romanelli, Tribal Preference Reports and it is him that he has to ask.

Ogema Romanelli said as they know they were without a HR Director for a length, considerably length of time, and they now have one that has been in there for about a little over a month. Romanelli said he thinks it is time to start getting the reports. Romanelli he wanted to give time to get seated in the position but he thinks at this juncture there should be an easy way to get these reports to the Tribal Council on a regular basis.

Councilor Pete said okay and if he can add ...... can he go in again. Pete said as he said he doesn’t want to ...... he knows it takes somebody new time to go in and he is personally prepared to give all the time but he just noticed this to be ...... he knows that if the Resort’s Preference Report were pretty here on time he knows there would be some comment being made so he just wanted to do that. Pete said so that is all he wants if it takes them three months he doesn’t care but there is somebody working on it is the most important.

Ogema Romanelli said yes, and he doesn’t think it should take three months he thinks 30 days is good enough to get in there and make sure that the reports come to the Tribal Council.

Councilor Pete thanked Ogema Romanelli.

Ogema Romanelli said Councilor Pete was welcome.
Muskegon Office Renovations

The Muskegon office has been home to staff in the Family Services and Education departments for a number of years with other departments and staff increasing their presence in last few years. The Muskegon office provides tribal members a space to fill out applications for other tribal departments, get information on community programs and events, and participate in Positive Indian Parenting Classes. Every third Friday of the month, tribal elders can receive a home cooked meal from Noelle Cross and the Elder Meal staff.

Over the past few weeks the Muskegon Office has been undergoing renovations. We welcome people to come and take a look at the changes and see what services this office has to offer. These renovations include new paint and carpeting throughout the whole office and updated office furniture in the Victim Services Office. Taylor Office Furniture, a Muskegon based office furniture store, supplied office design ideas and furnishings. The painting was done by a local company, Muskegon Quality Painters, this company provided services residential and commercial painting at competitive and reasonable prices. Carpeting was purchased from Tandus Centiva and installed by Lansing Tile & Mosaic.

We want to thank all who visited the office during this time for their understanding and patience with the process. Also, Chi Miigwech is in order for the following groups that made this project possible: Tribal Council for approving funds for carpeting and paint, IT department for technical assistance, Maintenance department for preparing the office and removing old and outdated furnishings, and the Victim Service Program for funding new office furniture for Victim Service Office through the VOCA grant funding. Stop in to see our new look!

Items Moved from Closed to Open Session
Speaker Riley asked Recorder Lewis if they have any items to move from closed to open session. Recorder Lewis replied yes, they are going to go ahead and move to open:

1. Motion To Move To Open Resolution, Motion And Roll Call; Resolution #17-0823-285, Also #17-0823-286 And Resolution #17-0823-287; Motion by Lewis; supported by Medacco.

2. Motion To Approve Resolution# 17-0823-285, Approval Of Amendment To The 2007 Agreement With Accurate Background; Motion by Medacco; supported by Friedel.

3. Motion To Approve Resolution# 17-0823-286, Ratification Of Tele-Psychiatric Services With Pine Rest Christian Mental Health Services; Motion by Friedel; supported by Lonn.

4. Motion To Approve Resolution# 17-0823-287, Ratification Of Security Agreement Between Cardinal Health And The Little River Band Of Ottawa Indians Pharmacy; Motion by Friedel; supported by Lewis.

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October 2017  Bnaakwii Giizis (Falling Leaves Moon)

Vol.10, Issue 16

Odeno Homes

Community Bulletins

Tribal Directory

It was decided that the Tribal Directory by Enrollment would not be mailed or handed out. The Tribal Directory will be put online. If a member would like a hard copy of the tribal Directory, a request must be made in writing. There will be a $5.00 fee if we have to mail it to the Member.

Contact

Jessica Wissner at 231-398-6713 or Merri Medawis at 231-398-6720 Enrollment Department

Jonathan Davis • 13 years old
10 point
Shot in Mason County.

Amya Battice • 14 years old
6 point
Shot in Mason County • 9/6/17
MANISTEE COUNTY — Children and adults alike plunged their hands into buckets filled with small lake sturgeon, and carefully dipped each one into the Manistee River with well wishes on their new journey.

The 14th annual Nmé (Sturgeon) Release was held by the Little River Band of Ottawa Indians (LRBOI) on Saturday at Rainbow Bend Boat Launch. The LRBOI Natural Resources Department reared and returned the native species back into the river.

Starting their 100-year journey into the wild, around 135 sturgeon ranging from 6-9 inches long were handed to each attendee, and released after a prayer was given. According to the U.S. Fish and Wildlife Service, male sturgeon can live as long as 55 years old and females can live around 80-150 years old.

LRBOI Ogema Larry Romanelli gave a speech about the importance of giving back to nature.

“This fish can live to be 100 years old,” he said, “When you know the cultural significance, and you see these young people and realize that the same fish might still be alive that this little girl (released) — that’s so exciting to me.”

During the ceremony, a smoking pipe was presented, which is customary to all big ceremonies to offer tobacco to the creator for all the things brought to the world. Then, more than 50 people lined up to help release the sturgeon.

“The longer I live and the longer I am in my position, I realize that these things do not just happen,” Romanelli said. “All things are connected and everything is in cycles. There’s not a true end and there’s not a true beginning… it’s just a matter of faith.”

Frank Beaver, head of the LRBOI Natural Resources Department, said the release was done earlier this year than the event last year, due to work being done by the staff members at the Muskegon River next week.

“Typically we would have done the release next weekend or the weekend after,” he said. “Our staff would have been really light, so we decided to move it up earlier.”

The total sturgeon released for the program has hit about 1,200. Beaver said other organizations are interested in the LRBOI rehabilitation effort, as well.

“Protecting the species for future generations is beneficial for the tribe and the community,” said Beaver. “The release is part of a long term effort toward stewardship of the sturgeon. Our goal is to also restore harmony and connectivity between Nmé and the people.”

Gary DiPiazza, with the LRBOI Tribal Council, said this was the third largest release to date. In the past, DiPiazza said the most fish released at one time hit more than 300 sturgeon.

“We introduce them because we are stewards of the environment,” he said. “It’s quite fulfilling because water is life, and everybody comes from water. We give back to the environment, by releasing the sturgeon that was once a diminishing population.”

Before the release, people were invited to see the facility where the sturgeon were reared, and were able to interact with the species. Many of the participants on Saturday were experiencing the ceremony for the first time.

“It’s great to see so many beautiful young people here today,” Romanelli said. “Thank you to everyone for being a part of this with us.”
NOTICE!!!
A notice from Mary Thomas
We have several seats that will become vacant in September and would like to remind people to apply.
Please contact Mary Thomas
For application information
Mary Thomas, Ogema Executive Assistant
2608 Government Center Drive
Manistee, MI 49660
231-398-6824
mthomas@lrboi-nsn.gov

Commissions:
Binojeeuk Commission: 1:00 p.m., 1st and 3rd Thursdays, Family Services Department Commerce Commission: 4:00 p.m., 2nd Wednesday, Big Manistee Room at LR CR
Enrollment Commission: 5:30 p.m., 2nd Tuesday, Enrollment Department Gaming Commission: 5:30 p.m., Tuesdays, Gaming Commission Office
Health Commission: 4:30 p.m., 2nd Monday – Law Library
Housing Commission: 9:00 a.m., 3rd Thursday, Aki Maadiziwin Community Center
Natural Resource Commission: 5:00 p.m., 2nd Monday, Natural Resource Meeting

Job Postings

AYAA VENTURES
PROUDLY OWNED & OPERATED BY THE LITTLE RIVER BAND OF OTTAWA INDIANS

Position – Reception & Administrative
(FULL TIME PERMANENT) – 8 to 5 M-F
check and drug/alcohol test, and
INDIAN PREFERENCE APPILIES IN ACCORDANCE WITH ORDINANCE #15-608-02
Pay Grade: Non-Exempt (Hourly) – 90 day probation period
Hiring Range: $10.50 - $13.50 BASED ON EXPERIENCE
Possible Benefits, Incentives and Bonuses to be determined
Pay Status: Paid Bi-Monthly
Traverse City Office Location
APPLICATION INSTRUCTIONS:
Please submit your resume with professional references & cover letter by way of email to:
dmathia@interranutra.com
or by mail at:
AYAA c/o D. Mathia
901 S Garfield Avenue – Suite 202
Traverse City MI 49686

WHAT WE PROVIDE OUR TEAM MEMBERS
A positive work environment in a company with great growth potential for the team members. Enjoy coming to work every day with a team who truly cares about you and accomplishing the mission set by assigned by the Little River Band of Ottawa Indians. We offer a very diverse experience as there are no companies like us in the greater Grand Traverse area. The company works on a national level, with multiple offerings in the Food Service, Sports and Personal Health Industries. Help us propel our company to even higher levels of achievement for the Little River Band of Ottawa Indians while generating your own personal success.
Meet the Candidates

Marcella Leusby
I am running for Elders Committee
My name is Marcella Moore Leusby and I am running for a seat on the Elders Committee. I have in the past served on the committee before as Secretary. I have been an employee for the tribe for over 15 years. I served on the Elders Committee, am on the Housing Commission, and am currently working with Commerce on the Elders Complex and on the new 10 houses going up at Aki.
I would like to see more happening with the elders and want to have the elders become more involved with the tribe. I would like to see an Elders Page in the Currents. Working together I believe we can achieve this. We have plans for the elders to have some outings and ideas for the elders to become more involved with the tribe. Please elect me to the Elders Committee to see these things happen. Thank you. Sincerely,
Marcella Leusby, Temporary Elders Committee Secretary.

Terri L. Tyler
I Terri L. Tyler am submitting this letter of application to the Elder’s Committee. I have some previous experience with this Committee.
I have currently been serving as a Trustee on the Committee since May 2017. I have worked for LRBOI since 2000. I started in the Enrollment Dept., then went to the Legal Dept. From there I went to Historic Preservation Dept. I then had to retire in Aug. 2015 due to health issues, but was rehired in Sept. 2016 and am currently in the Public Affairs Dept.
I helped June Sam, Ba with Elder happenings in the MIEA (Michigan Indian Elders Association) and have served as a Delegate with MIEA for last four (4) or more years.
I would greatly appreciate the chance to serve in this position again. Thank you for your support.

Fred G. Johnston
As a senior citizen, an Elder, and a Little River Band of Ottawa member in good standing, I declare my candidacy for a seat on The Elders Committee that will be voted upon during the upcoming 2017 Elders Conference. I am a direct descendant of Anne Pabame Bray, my wife and I have been married for forty-two years with three adult children and seven grandchildren.
My work-life experience includes a thirty-five year career as a professional firefighter/paramedic, and since my retirement in 2007, I have been involved in property management. My education includes a degree in fire science from Florida State College. My leisure time is consumed with being a grandfather, along with reading, cooking, golf, and traveling. I will look forward in meeting each and every Elder at the Elders Conference and personally asking for their vote.

Mary Thomas
Please accept this as my letter of interest to be considered as a candidate for the upcoming election of members of the Elders Committee

Al Metzner
Tribal Id: 890 Date of birth: 4-5-1961
It would be a great honor to serve on the Elders Committee. I was born in Milwaukee and raised in Hannahville. I now live in Manistee.

Cynthia Drake
I would like to be on the Elders Committee. I do have a lot of ideas to help our elders.

Darlene Martin
I would like to be on the Elders Committee’s list for voting in November.

Trish Snyder
Hi, my name is Trish Snyder and I am married to Mike Snyder. I have been a CHR worker for our tribe for 17 years. Before that I worked in Wardrobe at what is now Family Dollar. I am retired now and would like you to vote for me in the November election for the Elders Committee.

Our Languages: A Celebration of Algonquin Culture and Language 2017

Ab! Hello!
In October of 2016, the Sauk Language Department of the Sac and Fox Nation hosted the first Our Languages Festival: A Celebration of Algonquin Culture and Language. Last year’s Our Languages Festival was a huge success and the outpour of support and community involvement furthers our belief that an annual gathering of Algonquin tribes to share our stories and common goals must become a tradition.
The Sauk Language Department, in partnership with the Black Hawk Health Center and the Sac and Fox Food Distribution Program, is pleased to announce the dates for the 2nd annual Our Languages Festival: A Celebration of Algonquin Culture and Language to be held on Friday, October 20, 2017 and Saturday, October 21, 2017. We are inviting all Algonquin tribes to join us for Our Languages Festival. Please feel free to share this information with others that would be interested in attending the Festival as well. This is a free event and open to the public.
The Festival will include language forums, various language workshops, cultural demonstrations, storytelling, and a Cultural Celebration on Saturday evening, October 21, 2017. Registration for Our Languages Festival will begin at 9:30 each day. Activities and events will take place each day from 10 a.m. – 5 p.m. at the Jim Thorpe Memorial Park. Please refer to the directions to Jim Thorpe Memorial Park listed below.
We will host Cultural Celebration on Saturday, October 21, 2017 from 6 p.m. – 8 p.m. at the Jim Thorpe Memorial Park Pow Wow Grounds. The Cultural Celebration is an opportunity for the various Algonquin tribes to share social songs and dance. We invite all to come out and sing, dance, and celebrate our culture and traditions.
If you are interested in serving on the panel for the language forum, please email Katie Grant at Kate.grant@sacandfoxnation-nsn.gov.
If you have any questions about Our Languages Festival: A Celebration of Algonquin Culture and Language or would like to set up as a vendor or demonstrate a cultural craft, please call the Sauk Language Department at (918)-968-0070. Like us on facebook: www.facebook.com/Sauk-Language to follow the Our Languages Festival event.

Sauk Language Department mailing address:
Sauk Language Department
920883 S Hwy 99
Stroud, OK 74079
(918)-968-3526

Directions to Jim Thorpe Memorial Park:
Sac and Fox Nation
920883 S Hwy 99
Stroud, OK 74079
5.5 miles North of Stroud, OK
West on Thakiwaki Road
(918)-968-1141
During 2000 and 2001, GLIFWC staff interviewed tribal elders regarding non-medicinal uses of plants. With approval from the elders, we are sharing this information as a regular feature in Mazina'igan in the form of a harvest calendar.

In this issue, the harvest calendar is devoted to those plants that can be gathered for non-medicinal uses during the upcoming fall months of waatebagaa-giizis, leaves changing color moon (September); binaakwii-giizis, falling leaves moon (October); and gashkadino-giizis, ice is forming moon (November).

**Fruits & Nuts**
- raw, jams, jellies, pie fillings, breads, pancakes
- raw, roasted, flour, pie fillings
- Grains
- Roots

**Utility Items**
- mazaanaatigoons-nettle stems (twine)
- gigizo-mashkiki inaskoon-goldenrods stems (pipes)
- apakweshkway waabigwaniin-cattail flowers (torches)
- nookwezigan waabigwaniin-fleabane flowers (smoke attracts deer bucks)
- ozisigobimizh wadikwanan-willow branches (baskets)
- apakweshkway annibiishan-cattail leaves (weaving)
- anaakanashk inaskoon-bulrush stems (weaving)
- * angelica stems (vwhistles)

**Ceremonial Items**
- miiskwaabii mish aniibiishan-red willow bark (tobacco)
- wiigob ojiibikan-basswood roots (tobacco)
- giizhik aniibiishan-white cedar leaves (smudge)
- mashkodewashk aniibiishan-wild sage leaves (smudge)
- apakwaanaatig inaskoon-sumac stems (pipe stems)

**Commercial Products**
- gagige bag-princess pine
- zhingob waatigwaanaan-balsam fir boughs
- wakikaandag gomizhomin-pine cones

**Greens**
- raw, sauteed, steamed, boiled

**Cold Beverages**
- asasawemman-choke cherries
- bagwaj zhoominan-wild grapes

**Tea**
- oginiig-rosehips
- apaakwaanaatig miinesan-sumac fruits
- wiinisiibag miinesan-wintergreen berries
- wiimsiibag aniibiishan-w intergreen leaves
- mashkigobag aniibiishan-swamp tea leaves
- kaakaagiwanzh aniibiishan-hemlock leaves
- zingob aniibiishan--balsam fir leaves
- giizhik aniibiishan-white cedar leaves
- okwemin nagek-black cherry bark
- asasawemm wategwaanaan-choke cherry twigs

**Falling Leaves Harvest Opportunities**

**Fruits & Nuts**
- bagwaj jiigaagawinzhiiig-wild leeks
- bagwaj jiigaaganganzhiiig-wild onions
- apakweshkway ojiibikan-cattail roots
- anaakanashk ojiibikoon-bulrush roots
- anaakanashk ojiibikoon-rush roots

**Nuts**
- raw, roasted, flour, pie fillings
- waawiyi bagonag-black walnuts
- bagaanak bagonag-butternuts
- wakikaanag bagonag-pine nuts
- bagonag-hazel nuts
- mitigwaabaak bagonag-hickory nuts
- mitigomizh bagonag-oak acorns

**Grains**
- casseroles, soups, breads, pancakes
- manoomin-wild rice

**Roots**
- roasted, sauteed, steamed, boiled
- waabiziipin ojiibikan-arrowhead roots
- okadaakoon-wild carrots
- oga’dæ mun ojiibikan-yellow waterlily roots
Is it time to re-finance your auto loan?

Sean Winters, Executive Director, Chi Ishobak

Auto loans, along with your home mortgage are among the most popular loans in today’s market. We need our cars for our family – to get to work – to go to the grocery. In May, it was reported that a record 107 million Americans have auto loan debt, according to data released by the Federal Reserve Bank of New York. That’s about 43% of the entire adult population in the US. That’s an incredible number!

If you are currently paying high interest rates, or owe more than your car is worth, or if your payments are putting you in a financial bind—we may be able to provide an affordable alternative.

It is Chi Ishobak’s mission to have all tribal citizens provided with the tools and opportunities needed for meaningful lives and self-sufficiency. By working with you to re-finance your auto loan, you have the potential of: 1) lowering your payments 2) reducing the length of your loan or 3) both. Chi Ishobak has been able to refinance the auto loans for 10 citizens, saving them a total of $26,500 and shortening their loans by over 27 months.

One of our Pokagon Band citizens, Chelsea W, re-financed the family auto to help pay off the loan faster. “Re-financing my car through Chi Ishobak was amazing” said Chelsea. “Chi Ishobak answered all my questions and gave me financial advice when needed. In the end, we saved $4,000 and was able to pay off the loan a full 12 months earlier than our original loan. By re-financing, my fiancé and I were able to purchase a needed second vehicle much sooner than we originally planned.”

Call us or go to our web site to start taking the next steps to financial independence. We can be reached at (269) 783-4157, or at www.chiishobak.org .

Letter from the Ogema

Aanii,

It has been a very active summer for Little River Band of Ottawa Indians and the Little River Casino Resort. For economic development, we are building ten new homes at Aki Maadiziwin for tribal members; most of the basements are in and framing construction has begun.

On our 285 home project in Fruitport Township, most of the land has been cleared and the underground work has begun. Ayaa/Advanced Protein Solutions continues to move forward in Traverse City and an update will be given at our annual Fall Membership Meeting to be held October 7th.

We usually try to hold our membership meetings the same second Saturday of April and October every year, but the Resort had something booked for that date and so we had to move it to the first Saturday this year. For those of you who can’t make the membership meetings, we try to put the video on our LRBOI website within days of the meeting.

The Next Generation Learning Center is open for business and numbers of participants have increased now that schools are back in session. Our pharmacy is due to open within the next month and a report will be given at the membership meeting.

Our 2017 Jiingtamok, Language Camp and Sturgeon Release were all successful and each had great weather this year. Congratulations to our newest Little River Princess, Riley Diehlman, daughter of Renee Diehlman. Good luck!

The draft 2018 government budget has been submitted to tribal council for review and it appears that the revenues from the Resort have stabilized as our numbers are about the same as last year.

Our Muskegon Casino Project continues to inch forward and it now is resting at the Department of Interior (DOI). I want to thank the members that have submitted letters of support to keep this effort moving in a positive direction. We are hoping to have it moved from DOI to the BIA as soon as is possible.

I hope you have had an enjoyable summer and look forward to seeing many of you in a couple of weeks. Until next time…

Muskegon News

Departments at Muskegon Office

The Enrollment Department will be available at the Muskegon Office from 8 am - 1:30 pm on Friday, September 29, 2017 for address changes, identification updating or renewal and other services of the Department.

Members Assistance Department - Elder’s Insurance & Program Applications.

Member’s Legal Assistance Department - General Legal Questions, Power of Attorneys, wills, Estate Planning, Trusts.

Representative from the Clinic - Medical Questions

Councilman Ron Pete will be in the Muskegon Office on Fridays if anyone wishes to speak with him.

Contact at 1101 West Hackley, Muskegon
1-231-398-6651
Drug Overdose Awareness

August 31st was International Overdose Awareness Day (2017). Just sharing some statistics. Many of you, if not all, have heard the country is in an opioid epidemic. This is also true for Tribal Nations. Be Da Bin will be working to get information out and will be working with Tribal Departments and Community Partners to bring awareness of this epidemic and hope for individuals and families that are affected. You can help by spreading the awareness and ending the stigma of the disease of addiction.

Be Da Bin staff can be reached at the Tribal Health Clinic at 723-8299 or can reach me directly at 398-6741.

Dottie Batchelder
Chemical Dependency Counselor

FACT: 91
Every day, 79 people die of an opioid drug overdose.

Source: CDC, increase in deaths in 2017 vs. 2016

#OverdoseAware2017

FACT: 144
Every day, 129 people die of an accidental drug overdose.

Source: CDC, increase in deaths in 2017 vs. 2016

#OverdoseAware2017

Fall Salmon Harvest in Streams and Rivers

Many opportunities exist for the harvest of salmon in the streams and rivers of the 1836 Ceded Territory, including hook and line, spears, bows and handnets. These opportunities are similar to past years and your Tribal ID card serves as your fishing license.

All Streams and Rivers except the Little Manistee River:
Hook and line, spearfishing, bowfishing and handnet techniques may be used.

For hook and line fishing:
• No permit or harvest reporting card is needed.
• 5 fish per salmon species per day, all must be at least 12 inches long.

For spears, bowfishing and handnets:
• Permits are not required but a harvest reporting card must be acquired from the LRBOI Natural Resources Department and must be returned within 7 days of harvest.
• 5 fish per salmon species per day, all fish must be at least 12 inches long.
• Spears are not allowed in 4 Upper Peninsula streams - Chocolay, Mosquito, Big Two Hearted and Little Two Hearted. All other methods are allowed.
• Atlantic salmon shall not be speared in the Torch Lake watershed.

Chinook Harvest on the Little Manistee River:
The Little Manistee River is an egg-take and salmon harvest facility operated by the Michigan Department of Natural Resources. The weir is used to block Chinook salmon so eggs can be collected. The eggs collected at the weir are sent to State Fish Hatcheries where they are raised and stocked all over Michigan. Eggs are also supplied to other states. In the 2007 Inland Consent Decree the State and the Tribes agreed to protect the Chinook salmon in the Little Manistee River during egg collection while maintaining opportunities for Tribal harvest. Regulations and opportunities for the Little Manistee River Chinook salmon harvest are presented below:
• From September 1st to November 14th, spears and bows may be used to harvest salmon from 300 feet below the weir to the south end of Manistee Lake (See Fishing Regulations Table 6, Note 3 for specific locations). Hook and line may not be used in the Little Manistee River below the weir to harvest salmon during this period.
• Permits and harvest report cards are required and can be acquired at the LRBOI Natural Resource Department. Permits must be requested at least 8 hours prior to the time of harvest. Harvest report cards must be returned within 7 days of harvest. You must carry your permit with you when bowfishing, spearing, or netting.
• There are weekly quotas established and permits will be allocated until the quota is met for the week. Total allocation for the 2017 season is 29 fish for all five 1836 Treaty Tribes. Permits will be distributed on a first come, first served basis.
• If/when the Michigan Department of Natural Resources meets its Chinook salmon egg take goals for the year there will be no quotas.
• Hook-and-Line fishing is closed in the southern end of Manistee Lake from September 6 through October 15 (See Fishing Regulations 6.04.G).
• Hook-and-Line fishing, bowfishing, spearing, and hand netting are allowed above the weir (no permit needed, you do need to file out a harvest report within 7 days).

Please contact the Natural Resources Department for more information: (231) 723-1594.

Vol.10, Issue 16  23
Little River Band of Ottawa Indians
Fall Fire & Anishinaabe Lifeways Teachings
October 5, 6 & 7, 2017
LRBOI Tribal Gathering Grounds
(Fire Lodge behind Trading Post Gas Station)
Each day will start with a Sunrise Ceremony and many teachings will be held throughout the day.
At the conclusion of the last teaching, Thursday through Saturday, the Fire will be kept throughout the night.
Everyone is welcome to attend!
For information, please call 1-888-723-8288 Ext. 6893
Sponsored by the Little River Band of Ottawa Indians
Tribal Historic Preservation Department

Positive Indian Parenting Classes
Manistee Aki Community Center
Wednesdays:
Sept. 20, 2017 to Nov. 8, 2017
Time: 5:30 to 7:30
For more info call: Shelly Kequam at 231-398-6707

Run for Recovery 5k
September 23, 2017 | MANISTEE, MI
Packet Pick Up: 8:30-9:15 a.m. | Run/Walk to Start Promptly at 9:30 a.m.
Location: First Street Beach Pavilion (near the Dog Park)
Cost: $20.00 Early Registration fee until September 18, 2017.
Late Registration fee $25
This is a FUN RUN. IN RECOVERY EVERYONE IS A WINNER. We will not be providing official chip times. All participants will receive a finisher medal.
There will be a watering station halfway and post-run snacks.
Northern Michigan Recovery Residences is committed to helping communities develop recovery residences and recovery supports. Proceeds will go to establish sober housing for Northern Michigan Recovery Residences in Manistee, MI (serving Manistee and Benzie Communities since 2005). Northern Michigan Recovery Residences is a one-of-a-kind, supportive, transitional residential program for individuals in recovery who would otherwise be experiencing homelessness.
Thank you to our Sponsors

Muskegon River Watershed Assembly
Traditional Sturgeon Release
Saturday, September 23, 2017
Muskegon River Watershed Assembly invites you to our 1st FUNdraiser
2:00 – 5:00 pm Ed Henning Park, 500 Croton Dr. Newaygo, MI
Suggested donation: $25/adult $40/couple, kids 16 & under free
All proceeds go to protect & restore the Muskegon River
Make your donation @www.mrwa.org or at the door or at the Muskegon River Fly Shop 8382 Mason Dr., Newaygo, MI 49337. Call 231-591-2334 for information.
See the Tribal drum ceremony to welcome & release the Sturgeon. See Sturgeon & hear the Sturgeon Story. Enjoy Native American foods (for purchase) Win a kayak package including paddles & life jackets (value $900) $25 donation/ticket, limit 100 tickets.
Muskegon River: Croton toHenning Park
Members from the Muskegon River Watershed Assembly Voyage of Discovery team invite you to join them for a Sturgeon Fun Paddle on the Muskegon River from Croton to Newaygo prior to the Traditional Sturgeon FUNdraiser. Enjoy spectacular scenery and wildlife in the company of others who love the river.
Please register at www.mrwa.org
$10 per person covers kayak or canoe rental and transportation to the starting point below Croton Dam.
Meet at Henning Park for craft rental and/or transportation. Parking is free. To attend paddle and 2 pm Traditional Sturgeon Release, the cost is $25pp.
NOTICE!!
This is NOT Little River Band Annual Nme’ (Sturgeon) Release
## POW WOW DATES AND PLACES

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Location</th>
<th>Contact Information</th>
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</thead>
<tbody>
<tr>
<td>Gathering of the Clans</td>
<td>June 10-11, 2017</td>
<td>Manistique, MI</td>
<td>800-347-7137</td>
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<tr>
<td>Honoring Our Veterans</td>
<td>June 23 – 25, 2017</td>
<td>Brimley, MI</td>
<td>906-248-8300</td>
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<tr>
<td>Nottawaseppi Annual</td>
<td>June 24 - 25, 2017</td>
<td>Fulton, MI</td>
<td>800-347-7137</td>
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<tr>
<td>45th Annual Oneida</td>
<td>June 30 - July 2, 2017</td>
<td>Green Bay, WI</td>
<td>906-248-8300</td>
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<tr>
<td>LRBOI 22nd Annual Jiintamok</td>
<td>July 1 - 2, 2017</td>
<td>Manistee, MI</td>
<td>231-398-6891</td>
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<tr>
<td>Traditional Pow Wow</td>
<td>July 7 – 9, 2017</td>
<td>Sault Ste. Marie, MI</td>
<td>906-341-3362 or 906-484-2298</td>
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<tr>
<td>Saginaw Chippewa</td>
<td>July 28 - 30, 2017</td>
<td>Mt. Pleasant, MI</td>
<td>989-775-4942 or sagchip.com</td>
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<tr>
<td>Youth Empowerment</td>
<td>August 12, 2017</td>
<td>Rexton, MI</td>
<td>906-341-3362 or 906-484-2298</td>
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<tr>
<td>Odawa Homecoming</td>
<td>August 12 - 13, 2017</td>
<td>Harbor Springs, MI</td>
<td>231-242-1427</td>
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<tr>
<td>Kitchi Miniss Munising</td>
<td>August 12, 2017</td>
<td>Munising, MI</td>
<td>906-387-2368 or 989-751-9682</td>
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<tr>
<td>Rendezvous at the Straights</td>
<td>August 25 - 27, 2017</td>
<td>St. Ignace, MI</td>
<td>906-643-8717 or 906-984-2083</td>
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<tr>
<td>Honoring our Anishnaabe Veterans</td>
<td>September 11, 2017</td>
<td>Kinross, MI</td>
<td>906-635-6050 or 906-203-4977</td>
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<tr>
<td>LRBOI 22nd Annual Jiintamok</td>
<td>November 11, 2017</td>
<td>Manistique, MI</td>
<td>906-341-3362 or 906-484-2298</td>
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## Fall Membership Meeting | October 7, 2017

**Friday October 6, 2017**
- 7-9pm: Registration Begins
- 9am-12pm: Informational Booths
- 10am: Flag Ceremony Honoring the Nations
- 12pm: Opening of Meeting
- 12pm: Lunch Served
- 1pm: Information Booths Close
- 1:10pm: Official meeting Begins
- 1:20pm: Updates from the Ogemma
- 1:40pm: Government Financial Updates
- 2pm: Economic Development Updates

**Saturday October 7, 2017**
- 8am-4pm: Quorum Call
- 8am-4pm: Official meeting Begins
- 8am-4pm: Updates from the Ogemma
- 8am-4pm: Government Financial Updates
- 8am-4pm: Economic Development Updates

**Meeting Agenda**

- Registration Begins
- Informational Booths
- Flag Ceremony Honoring the Nations
- Opening of Meeting
- Lunch Served
- Information Booths Close
- Official meeting Begins
- Quorum Call
- Updates from the Ogemma
- Government Financial Updates
- Economic Development Updates

**Question & Answer Period will Follow. Thank You for Attending and Safe Travels!**

Note- Agenda subject to change at Ogema’s discretion and if quorum in membership is reached.
### Little Changes That Can Make a BIG Difference
1. Drink More Water and Be Active
2. Eat Breakfast
3. Watch Your Portion Sizes
4. Make Half Your Plate Fruits and Vegetables
5. Prepare Healthy Snacks
6. Read Your Food Labels

### Meals Served at Noon
**Monday-Thursday**
No Charge for Elders, Spouse and Handicapped/Disabled Individuals who reside with Elder
Guest meals are $6.00

### Coffee, Milk & Water Available at Every Meal

### Aki Community Center Elder Meals Menu 2017

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<tr>
<th>Sunday</th>
<th>Monday</th>
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<td>Fall Membership Meeting at LRRC</td>
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<tr>
<td>Hot Turkey Sandwich</td>
<td>Hot Roast Red Potato Corn Dessert</td>
<td>Chicken Tenders Mac &amp; Cheese Peas &amp; Dessert</td>
<td>Vegetable Beef Soup Whole Wheat Bread Dessert</td>
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<td>Lunch served at noon</td>
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<td>Mashed Potato Veggie Blend Dessert</td>
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<td>Wii Bowling</td>
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<td>Elder Committee Meeting At Noon</td>
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<td>Language Class</td>
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<tr>
<td>Baked Fish Pasta Salad Peas &amp; Carrots Dessert</td>
<td>BBQ Chicken Tater Tots Baked Beans Green Beans Dessert</td>
<td>Pot Pie Whole Wheat Roll &amp; Dessert</td>
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<td>Muskegon Meal Please RSVP with Noelle 231.398.6886 Lunch served at noon</td>
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<td>Language Class</td>
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<tr>
<td>French Dip Potato Wedges Veggie Blend Dessert</td>
<td>Breakfast for Lunch</td>
<td>Smothered Pork Chops Mashed Potatoes Corn &amp; Dessert</td>
<td>Meat Loaf Mashed Potato Broccoli &amp; Dessert BINGO</td>
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<td>Language Class</td>
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<tr>
<td>Chop Suey Steamed Rice &amp; Dessert</td>
<td>Fish Sandwich Sweet Potatoes Mixed Veggies Dessert</td>
<td>Bean Soup Fry Bread Coined Carrots Dessert</td>
<td>Hot Dogs Mac &amp; Cheese Corn &amp; Marble Cake</td>
<td>Muskegon Meal Please RSVP with Noelle 231.398.6886 Lunch served at noon</td>
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<td>Wii Bowling</td>
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<tr>
<td>Ham &amp; Scalloped Potatoes Mixed Veggies &amp; Dessert</td>
<td>Goo-Lash Veggie &amp; Cupcakes</td>
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<td>Halloween</td>
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<td>Language Class</td>
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Coffee, Milk & Water Available at Every Meal

Meals meet 1/3 of the RDI based on a 1600-2000 Calorie Diet

Please contact Noelle Cross with any questions
Phone: 231-398-6886
Email: ncross@lrboi-nsn.gov

**Regularly Scheduled Activities**
- Mondays - Language Class
- Wednesdays - Wii Bowling

**Other Activities**
- Birthday of the Month, Prize Bingo, & Game Day!
- Menu Subject to Change. without notice.

Meals meet 1/3 of the RDI based on a 1600-2000 Calorie Diet
Tribal Member Discount Rules

Tribal member must be present and show their Tribal ID to receive any of the following discounts. Discounts may not be combined with other discounts or comps.

1. 20% Daily Discount in food outlets
   • Available to all Tribal Members and one guest; additional guests will be charged full price.
   • Cigarettes and alcohol are excluded from discounts.
2. Thursday 2 for 1 meal discount
   (50% off if Tribal Member is alone).
   • Charge will be for meal of the highest price.
   • Cigarettes and alcohol are excluded from discounts.
3. 25% discount in the Gift Shop. Cigarettes, alcohol, consignment items, sundries and gift certificates are excluded from discounts.
4. Hotel room rate $79 plus tax and fees
   Suite rate $129 plus tax and fees.
   • Tribal Member must identify themselves as a Tribal Member and provide Tribal Member number when booking the room.
   • Tribal Member must present Tribal ID when checking in and occupy the room.
   • No hotel discounts will be provided on the Fourth of July weekend or on New Year's Eve.
5. In anticipation of the opening of the spa the Resort will not offer discounts for spa services.
6. River Credits will be given to all LRBOI Tribal Members only (no spouses).
7. Member must present their Tribal ID and provide a signature upon receipt of the voucher when registering at the meeting or event.
   • Spring and Fall membership meeting
   • LRBOI Elders Conference
   • Elders Christmas Party
   • Tribal Members only
8. No Tribal Member private banquet functions will be discounted.
9. Tribal Member discounts will not be provided on December 31st (New Year’s Eve).

Any Tribal Member found trying to circumvent these rules may have their benefits suspended by Resort management.
September 2017 Court Docket

Key
AA: Adoption of Adult
AM: Adoption of Minor
CD: Charge of Discrimination
CO: Cora Offense/Conservation
CS: Child Support
CT: Civil Ticket
CA: Enrollment Appeal
EB: Election Board Appeal
EM: Emancipation of Minor
FJ: Foreign Judgment
FSJ: Foreign Support Judgment
GA: Gaming Appeal
GC: General Civil
GM: Guardianship of Minor
GR: Employment Matter
HA: Historical Al aficion
HC: Head Custody
JE: Juvenile
JV: Juvenile
LT: Landlord Tenant
NA: Neglect Abuse
NC: Name Change
PF: Probate
PPO: Personal Protection Order
TA: Trust Access
TM: Tribal Misdemeanor
WC: Workmen's Compensation

Friday, September 1, 2017 
Judge Sherigan
10:00 a.m. Neglect/Abuse 17171NA Closed Hrg.

Friday, September 15, 2017 
Judge Sherigan
01:30 p.m. Neglect/Abuse 09053NA Closed Hrg.

Monday, September 18, 2017 
Judge Bailey
11:00 a.m. Miller v. Miller 0090253DM Motion Hrg.
01:15 p.m. Ailing v. Ailing 16279DO Trial

Monday, September 21, 2017
Tribal Court Offices will be Closed for Tribal Holiday

Friday, September 25, 2017 
Judge Bailey
10:00 a.m. Battice v. Woodward 03076CM Show Cause Hrg.
10:30 a.m. LRB v. Palko 17047TM Prob. Violation
01:30 pm LRB v. Medawis 1728LT Motion/Collection Hrg.

Notice Regarding Unclaimed Per Capita Payments
As outlined in Regulation #R100-11: RAP-01, Chapter 2, Unclaimed Per Capita Payments, this is official notification that the individuals listed below have unclaimed per capita payments available. These individuals have until December 31, 2017, to claim these payments. Should any payments remain unclaimed after December 31, 2017, the funds will be reverted to the Tribe as specified in Regulation #R100-11: RAP-01, Chapter 2.

Cogswell, Alex D. Gingrich, Melissa
Patton, Kira D. Ricker, Trinity
Taylor, Allan Wabindato, Pauline
Cogswell, Randall Grant, Isacc
Patton, Konstance K. Sarber, Matthew
Tyler, Jerry S.

Please take the time to review the above list and get the word out about these unclaimed payments. Any help you can provide to aid us in getting these payments to their rightful owners would be appreciated. Contact the Little River Band of Ottawa Indians Enrollment Department at (888)723-8288, if you can claim outstanding payments, provide assistance in settling payment(s) or have any questions.